

Stack It Up

拍数: 64 墙数: 2 级数: High Intermediate
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音乐: Stack It Up (feat. A Boogie wit da Hoodie) - Liam Payne : (iTunes)



Start 16 Counts

Sequence 64, 16, 64, 16, 48, 48.

Step Lock & Step Lock Step, Step, Scuff Hitch, Toe, 1/4, Back

- 1-2& Step forward to Left diagonal, lock Right behind Left, step forward on Left to diagonal.
- 3&4 Step Right forward to Right diagonal, lock Left behind Right, step forward on Right.
- &5-6 Step forward on Left, scuff Right as you hitch Right knee slightly, touch Right toe back.
- 7-8 Make 1/4 turn to Right as you reverse pivot with weight ending on Left, step back on Right with small jump sweeping Left out to Left side (3.00)

Behind, Side, Step, Cross Side Behind, Side, Together, (circular) Step Touch, Step Touch, Side.

- 1&2 Cross step Left behind Right, step Right to Right side, make 1/8 turn Right stepping forward on Left (4.30)
- 3&4 Cross step Right over Left, make 1/8 turn to Right stepping Right to Right side, make 1/8 turn to Right stepping back on Right (7.30)
- &5 Step back on Left, make 1/8 Right stepping Right next Left (9.00)
- 6&7 Step forward on Left (slightly diagonal) touch Right next to Left, (*R*) step forward on Right (slightly to diagonal)
- &8 Touch Left next to Right, step Left to Left side

Back Rock Side, Behind 1/4 Side, , Back Rock Side Behind 1/4, 1/4.

- 1&2 Cross rock Right behind Left, recover on Left, step Right to Right side.
- 3&4 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side.(12.00)
- 5&6& Cross rock Right behind Left, recover on Left, step Right Right side, cross step Left behind Right.
- 7-8 Make 1/4 turn to Right stepping forward on Right, make 1/4 turn Right stepping Left next Right (6.00)

Sweep, Sweep, 1/4 Point, 1/4 Flick, Walk Walk Mambo Step.

- 1-2 Step back on Right sweeping Left out to side, step back on Left sweeping Right out to side.
- &3-4 Make 1/4 turn to Right stepping Right to Right side, point Left toe to Left side, make 1/4 turn to Left stepping forward on Left flick Right back at same time. (6.00)
- 5-6 Walk forward R-L
- 7&8 Rock forward on Right, recover on Left, step Right next to Left (can push bottom back slightly) (6.00)

Step Touch, 1/4 Step Touch, Side Together Side Touch, Side Touch, Side Touch, Side, Behind 1/4 Side.

- 1&2& Step forward on Left slightly diagonal, touch Right next to Left, step forward on right slightly diagonal, touch Left next to Right.
- 3&4& Make 1/4 turn to Right stepping Left to Left side, step Right next to Left, step Left to Left side, touch Right next to Left.(9.00)
- 5&6&7 Step Right to Right side, touch Left next to Right, step Left to Left side, touch Right next to Left, step Right to Right side.
- 8&1 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step Left to Left side. (12.00)

Back Rock 1/4, Sailor 1/4, Full Turn Volta

- 2&3 Cross rock Right behind Left, recover on Left, make 1/4 turn to Left stepping back on Right.

- 4&5 1/4 turn Left cross stepping Left behind Right, step Right next to Left, step forward Left (Toe pointed out, prep for turn over Right)
- 6&7&8 Make full turn to Right running in a small arc.. R-L-R-L-R. ****R****

Out Out In In Step, Rock Recover, Ball Back Back.

- 1-2 Step Left out and slightly forward to Left diagonal, step Right out and slightly forward to Right diagonal
- &3-4 Step Left back in place, step Right back in place, step forward on Left.
- 5-6 Rock forward on Right, recover back on Left.
- &7-8 Step Right next to Left, step back on Left, step back on Right.

Back Rock Recover, Kick & Slide, Together, Coaster Step, Step.

- 1-2 Rock back on Left, recover on Right.
- 3&4 Kick Left forward, step Left next to Right, keeping Right on floor slide toe backwards.
- 5-6&7 Slide Right forward keeping toe on floor and placing weight on Right. Step back on Left, step Right next to Left, step forward on Left.
- 8 Step forward on Right. (6.00)

Restart on Walls 2 & 4 with Change of Step (*R*)

Dance Up To & Including Section 2 Count 6& Then Add a Step Change to Restart from Beginning .

- 7-8& Step Right to Right side, cross step Left behind Right, make 1/4 turn to Right stepping forward on Right THEN begin again :)

First restart you will be facing 6.00 Second restart you will be facing 12.00 .

Restart on Wall 5&6 (R**)**

Dance Up To & Include Count 48 to Restart again from Beginning .
