

# Monday Morning

**COPPER** **KNOB**  
STEPSHEETS

拍数: 64      墙数: 0      级数: Beginner  
编舞者: Raymond Sarlemijn (NL) - November 2019  
音乐: Monday Morning - Melanie Fiona



## Step diagonal forward, touch, repeat 4x

- 1 rf step diagonal forward
- 2 lf touches rf
- 3 lf step diagonal forward
- 4 rf touches lf
- 5 rf step diagonal forward
- 6 lf touches rf
- 7 lf step diagonal forward
- 8 rf touches lf

## Step diagonal backwards clap, repeat 4x

- 1 rf step diagonal backwards
- 2 lf touches rf while doing this clap both hands
- 3 lf step diagonal backwards
- 4 rf touches lf while doing this clap both hands
- 5 rf step diagonal backwards
- 6 lf touches rf while doing this clap both hands
- 7 lf step diagonal backwards
- 8 rf touches lf while doing this clap both hands

## Too step, too step, repeat 2 x

- 1 rf too right
- 2 rf step on spot
- 3 lf crosses forward rf, lf on too
- 4 lf step on spot
- 5 rf too right
- 6 rf step on spot
- 7 lf crosses forward rf, lf on too
- 8 lf step on spot

## Hip right, hold, hip left, hold, hip right, hip left, weight change

- 1 rf right, stand in hip
- 2 hold
- 3 lf left, stand in hip
- 4 hold
- 6 hip right, stand in hip
- 6 hold
- 7 hip left
- 8 hold

## Too step, too step, repeat 2 x

- 1 rtoo crosses forward lf
- 2 rtoo step on spot
- 3 ltoo left
- 4 ltoo step on spot
- 5 rtoo crosses forward lf
- 6 rtoo step on spot

7 ltoo left  
8 hold

**Hip right, hold, hip left hold, hip, right, hold, hip left, hold**

1 lf step left, stand in hip  
2 hold  
3 rf right, stand in hip  
4 hold  
5 hip left  
6 hip right  
7 hip left  
8 hip right  
& weight change left

**Grapevine right, grapevine left ¼ left, brush**

1 rf right  
2 lf crosses behind rf  
3 rf right  
4 lf touches rf  
5 lf left  
6 rf crosses behind lf  
7 ¼ turn left, lf step forward  
8 rf brushes forward

**Rock forward, rock back, v step**

1 rf step forward  
2 recover weight to lf  
3 rf step backwards  
4 recover weight lf  
5 rf step diagonal forward  
6 lf step diagonal forward  
7 rf step back  
8 lf closes rf

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