

One More Sleep

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Judy Rodgers (USA) - November 2019
音乐: One More Sleep - Leona Lewis : (Album: Christmas, with Love - Amazon)



#16 count intro

S1: Side, drag, rock recover, side, behind, turn 1/4 L shuffle

1-4 Step R to right side, drag L to R, rock L behind R, recover R
5-6 Step L to left side, step R behind L
7&8 Turn 1/4 left shuffle fwd L R L 9:00

S2: Walk walk, step turn 1/4 L, cross R toe strut, L toe strut

1-2 Walk fwd R, L (option: Turn 1/2 L step R back, turn 1/2 L step L fwd)
3-4 Step R fwd, turn 1/4 left step L to left side 6:00
5-6 Cross R toe over L, step down R
7-8 Touch L toe to left side, step down L

*****Restarts:

Wall 2 starts 3:00 - restart here facing 9:00

Wall 7 starts 9:00 - restart here facing 3:00

S3: Cross, back, coaster step, step turn 1/2 R, step turn 1/4 R

1-2 Cross R over L, step L back
3&4 Step R back, step L beside R, step R fwd
5-6 Step L fwd, turn 1/2 right step R fwd 12:00
7-8 Step L fwd, turn 1/4 right step R fwd 3:00

S4: Shuffle, step swivel heels, back touch, back touch

1&2 Shuffle fwd L R L
3&4 Step R fwd, swivel heels R and L (weight to L)
5-6 Step R back to right diagonal, touch L beside R (snap fingers)
7-8 Step L back to left diagonal, touch R beside L (snap fingers)

Two Restarts:

Wall 2 start facing 3:00 - dance 16 counts and restart facing 9:00

Wall 7 starts facing 9:00 - dance 16 counts and restart facing 3:00

Tag: Wall 11 starts 12:00 and ends facing 3:00 - add the following 4 counts

Jazz box: Cross R over L, step L back, step R to right side, cross L over R

Ending: The last wall (wall 15) starts 12:00.....dance first 6 counts, step L to left side and smile!