

# Easy Spirit

**COPPER KNOB**  
BY STEPSHEETS

拍数: 40      墙数: 2      级数: Low Intermediate  
编舞者: Jim Ray (USA) - August 2013  
音乐: Spirit In the Sky - Norman Greenbaum



## Intro - Begin on lyrics

### ROCK STEP, SIDE TOGETHER, TURN 1/4, STEP TURN 1/2

1-2            Rock right forward, recover to left  
3&4           Shuffle to right side, right-left together, right turning 1/4 right  
5-6           Step left forward, turn 1/2 right (weight to left) (3:00)  
7&8           Shuffle forward right-left-right

### SIDE ROCK, IN FRONT, STEP, IN FRONT, STEP LEFT SIDE, TURN RIGHT A 1/4 RIGHT

1-2            Rock right side, recover to left  
3&4           Crossing right in front, left to the left, right in front  
5-6           Step left side, turn 1/4 right (weight to right)  
7&8           Shuffle forward left-right-left

### ROCK STEP TO RIGHT, STEP IN FRONT, STEP, IN FRONT, STEP TURN A 1/2, SHUFFLE

1-2            Rock right to the right side, recover to left  
3&4           Crossing right in front, left to the left, right in front  
5-6           Step left forward, turn 1/2 right (weight to right) (6:00)  
7&8           Shuffle forward left-right-left

### CROSS RIGHT OVER, DROP HEEL, LEFT SIDE, DROP HEEL, CROSS RIGHT BEHIND, DROP HEEL, LEFT SIDE, DROP HEEL

#### On each heel, snap fingers of both hands waist high

1-2            Cross right toe over Left, lower right heel, Snap Fingers  
3-4            Step left toe side, lower left heel, Snap Fingers  
5-6            Cross right toe over left, lower right heel, Snap Fingers  
7-8            Step left toe side, lower left heel, Snap Fingers

### KICK BALL FORWARD, KICK BALL FORWARD, STEP, TURN 1/2, KICK BALL CHAIN

1&2            Kick right forward, step right together, step left forward  
3&4            Kick right forward, step right together, step left forward  
5-6            Step right forward, turn 1/2 left (weight to left)  
7&8            Kick right forward, step right together, step left together

### STEP, TURN 1/2, LOCK SHUFFLE FORWARD, LOCK SHUFFLE FORWARD, STEP, STEP

1-2            Step right forward, turn 1/2 left (weight to left)  
3&4            Shuffle forward right-left-right  
5&6            Shuffle forward left-right-left  
7-8            Step right forward, step left forward

( START OVER )

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