Touch My Body



编舞者: Bella Choi (KOR) - October 2019 音乐: 'Touch My Body' by SISTA (K- pop)



Intro 32 Count. Start dance 'I know you want it~' on the lyrics

Tag After 10th wall 32 Count.

Sec1. (Forward, Hitch, Back, Together) x 2

1- 2	Step RF Forward (1), Hitch left knee up (2)
3-4	Step LF Back (3), Step RF next to LF (4)
5-6	Step LF Forward (5), Hitch Right knee up(6)
7-8	Step RF Back (7), Step LF next to RF (8)

Sec2. Forward Shuffle, 1/2 R Pivot Turn, 1/2 R back Shuffle, Rock back, Recover.

1&2	Step RF forward (1), Step LF next to RF(&), Step RF forward (2)
3- 4	Step LF forward (3), 1/2 R Pivot Turn, weight on LF (4) (6:00)

5&6 1/2R Step LF back (5)(12:00), Step RF next to LF(&), Step LF back (6)

7-8 Rock Step RF back (7), Recover LF (8)

Sec3. (Cross, side, Sailor Step,) x 2

1- 2	Step RF cross over LF (1), Step LF to L side (2),

3&4 Step RF behind LF(3), Step LF to L side(&), Step RF parallel to right (4)

5-6 Step LF cross over RF(5), Step RF to R side (6)

7&8 Step LF behind RF(7), Step RF to R side (&), Step LF parallel to left (8)

Sec4. Forward, Hip bump(3), Stomp, 1/4L Walk (3)

1 Step RF forward (Foot direction Slightly to left diagonal with hip bump)(1),

2- 4 Hip bump L(2)-R(3)-L(4) (Hand Style: Left hand behind ear, Right hand right hip touch

2&4count)

5 Stomp RF forward (12:00) (hand style: Both hand outside).

6- 7- 8 1/4L walk LF (9:00), 1/4L Walk RF (6:00), 1/4 L walk LF (3:00).

Tag: After 10 Wall 32 Count (6:00)

1- 8	Raise R hand up slow over head with 8 count. Stay.
9- 16	Raise L hand up slow next to R hand with 8 count. Stay.
17- 24	While both hands stay, hip Sway R(2count) -L(2)-R(2)-L(2).

25- 32 While both hands rolling down 4 times by 2 count each, Hip Sway R(2) -L(2)-R(2)- L(2).

I hope you enjoy this music & dance. I don't want touch my body □

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