

You Gotta Work

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Ria Vos (NL) - October 2019
音乐: Work for It - Daphne Willis & LÒNIS : (Single)



Intro: 32 Counts

Kick-Step-Lock-Step, Step Lock Step, Heel Grind ¼ R, Side-Cross, Point-Touch, Kick-Bal-Cross

1&2& (on R Diagonal) Kick R Fwd, Step Fwd on R, Lock L Behind R, Step Fwd on R
3&4 (on L Diagonal) Step Fwd on L, Lock L Behind R, Step Fwd on L
5& Heel Grind R Over L, ¼ Turn R Step Back on L (3:00)
6& Step R to R Side, Cross L Over R
7& Point R Fwd to R Diagonal, Touch R Next to L
8&1 Kick R Fwd to R Diagonal, Step on Ball of R Next to L, Cross L Over R

Side, Touch, Chasse ¼ L, Stomp Together, Swivel R, Swivel L w/Flick 1/8 L

2& Step R to R Side, Touch L Next to R
3&4 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (12:00)
5&6 Stomp R Next to L, Swivel Both Heels R, Swivel Both Toes R
7& Swivel Toes L, Swivel Heels L
8& Swivel Toes L, Flick R Out to R Side Turning 1/8 L (10:30)

Toe Struts, Rock Fwd, Back Drag, Reverse Rocking Chair, Back Drag, Behind, 1/8 L

1&2& Step on R Toe Fwd, Lower R Heel, Step on L Toe Fwd, Lower L Heel
3&4 Rock Fwd on R, Recover on L, Step R Big Step Back Dragging L towards R
5&6& Rock Back on L, Recover on R, Rock Fwd on L, Recover on R
7 Big Step Back on L Dragging R Towards L
8& Step R Behind L, 1/8 Turn L Step L to L Side (9:00)

R Lock-Step Fwd, L Lock-Step Fwd, Mambo ½ Turn R, ½ R, Back Rock

1&2 Step Fwd on R, Lock L Behind R, Step Fwd on R
3&4 Step Fwd on L, Lock R Behind L, Step Fwd on L
5&6 Rock Fwd on R, Recover on L, ½ Turn R Step Fwd on R (3:00)
7 ½ Turn R Step Back on L (9:00)
8& Rock Back on R, Recover on L

Tag: After wall 2 (6:00)

1&2& (on R Diagonal) Kick R Fwd, Step Fwd on R, Lock L Behind R, Step Fwd on R
3&4 (on L Diagonal) Step Fwd on L, Lock L Behind R, Step Fwd on L
5&6 Cross R Over L, ¼ Turn R Step Back on L, Step R to R Side
7&8 Cross L Over R, ¼ Turn L Step Back on R, Step L to L Side (6:00)