

# Gnos Das

COPPER KNOB  
BYEPOSTETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Mathew Sinyard (UK) - October 2019  
音乐: Sad Song Backwards - Jake Shears



**Intro: 8 Counts from main beat (approx. 18 seconds)**

**Section 1: Back, Back, Coaster Cross, Side Together Forward x2.**

1 2            Step back on right, step back on left.  
3 & 4        Step back on right, step left beside right, cross right in front of left.  
5 & 6        Step left to left side, step right beside left, step forward left.  
7 & 8        Step right to right side, step left beside right, step forward on right.

**Section 2: Step Tap Back, Shuffle 1/2 x2, Back Tap Forward.**

1 & 2        Step forward on left, tap right behind left, step back on right.  
3 & 4        Shuffle 1/2 turn left stepping L-R-L.  
5 & 6        Shuffle 1/2 turn left R-L-R.  
7 & 8        Step back on left, tap right in front of left, step forward on right.

**Section 3: Side Rock Recover, Behind Side Cross, Side Rock Recover, Behind 1/4 Step.**

1 2            Rock left foot to left side, recover right.  
3 & 4        Cross left behind right, step right to right side, cross left in front of right.  
5 6            Rock right foot to right side, recover left.  
7 & 8        Cross right behind left, make a 1/4 turn left stepping forward on left, step forward right.

**Section 4: Left Jazz Box Touch, Hip Sways x4.**

1 2 3 4        Cross left in front of right, step back on right, step left to left side, touch right beside left.  
5 6 7 8        Sway hips right left right left.

Enjoy x.

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