

Most People are Good (P)

拍数: 72 墙数: 0 级数: Partner
编舞者: Karen Poll (UK) & Nigel Poll (UK) - March 2018
音乐: Most People Are Good - Luke Bryan



Gent Facing OLOD Lady facing ILOD
Open Hand Hold, Mans Steps Listed
Opposite Footwork Throughout

Side Close Side, Hold, Behind Side Cross, Hold

1-4 , Step Left to Left Side, Close Right beside Left, Step Left to Left Side, Hold
5-8 Step Right behind Left, Step Left to Left Side, Cross Right over Left, Hold

Side Close ¼ Step Back, Hold, Right Lock Step Back, Hold

9-12 Step Left Side, Close Right beside Left, Turn ¼ Right, Step Back Left, Hold
13-16 Step Back Right, Lock Left in Front of Right, Step Back Right, Hold

Left Coaster Step, Hold, Step Forward Pivot ½ Turn step, Hold

17-20 Step Back Left, Step Right beside Left, Step Forward Left, Hold
21-24 Step Forward Right, Pivot ½ Turn Left, Step Forward Right, Hold Holding inside hands
(Facing LOD)

Side Together Forward, Hold, Side Together Forward, Hold

25-28 Step Side Left, Close Right beside Left, Step Forward Left, Hold
29-32 Step Side Right, Close Left beside Right, Step Forward Right, Hold

Walk, Walk Walk Hold (Lady ½ Turn), Walk, Walk, Walk Hold

33-36 Man – Walk Forward Left, Right, Left, Hold (into Close Weston Hold)

Lady - Step Forward Right, Turn ½ Right, Step Back Left, Step Back Right, Hold

37-40 Man - Walk Forward Right, Left, Right, Hold

Lady - Walk Back Left, Right, Left, Hold

Mambo forward ½ Turn, Hold (Lady Mambo back Step), Lock Step, Hold

41-44 Man - Rock Forward Left Turning ½ turn Left, Step Forward Left, Hold (facing RLOD)

Lady - Rock Back Right, Recover on Left, Step Forward Right (Man Turning under lady's Right Arm)

45-48 Man - Step Forward Right, Lock Left behind Right Step Forward Right, Hold

Lady - Step Forward Left, Lock Right behind Left, Step Forward Left, Hold

Side Together Forward Hold (Changing Sides) (Lady ½ Turn) Hold, Man Mambo ½ Turn Step, Hold,

49-52 Man - Step Side Left, Close Right beside Left, Step Forward Left, Hold, (Changing Sides)

Lady - Step Forward Right Turning ½ Turn left, Step Side Left, Step Forward Right, Hold (Turning Under Man's Left arm)

53-56 Man - Step Forward Right, Pivot ½ Left, Step Forward Right, Hold (Turn under Lady's Right Arm)

Lady - Rock Back Left, Recover on Right, Step Forward Left, Hold

Side Together Forward Hold,(Changing sides) (Lady ½ Turn Forward) Hold, Man Mambo ½ Turn Step, Hold

57-60 Man – Step Side Left, Close Right beside Left, Step Forward Left, Hold

Lady - Step Forward Right Turning ½ Left, Side Left, Step Forward Right, Hold (Turn under Man's Left Arm)

61-64 Man - Step Forward Right, Pivot ½ Left, Step Forward Hold, (Turn under lady's Right Arm)

Lady - Rock Back Left, Recover on Right, Step Forward Left, Hold

Lock Step forward, Hold, ¼ Pivot Cross, Hold

65- 68 Step Forward Left, Lock Right behind Left, Step Forward Left, Hold,

69-72 Step Forward Right, ¼ Pivot Cross, Hold (Back into Open Hand Hold)

Start Again

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