

Follow Me

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sally Hung (TW) - October 2019
音乐: Follow Me - Uncle Kracker



Intro: 16 counts, on lyrics - No Tag, No Restart

S1. ¼ L PADDLE TURN (X2), CROSS, SIDE, HEEL, TOGETHER, CROSS, SIDE, HEEL

1,2,3,4 Step R fwd, ¼ turn L weight on L, step R fwd, ¼ turn L weight on L
5&6& Cross R over L, step L to L side, R heel to R diagonal, step R beside L
7&8 Cross L over R, step R to R side, L heel to L diagonal

S2. FWD ROCK, RECOVER, BACK, LOCK, BACK, TAP(X2), BIG STEP SIDE, TAP(X2), ¼ L BIG STEP FWD

1,2,3&4 Rock L fwd, recover onto R, Step L back, lock R over L, step L back
5&6 Tap R beside L twice, big step R to R side
7&8 Tap L beside R twice, ¼ turn L big step L fwd

S3. STEP, PIVOT ½ TURN L, FWD SHUFFLE, STEP PIVOT ½ TURN R, FWD SHUFFLE

1,2,3&4 Step R fwd, pivot ½ turn L, fwd shuffle on RLR
5,6,7&8 Step L fwd, pivot ½ turn R, fwd shuffle on LRL

S4. TOE-HEEL-STOMP (R,L), HP BUMPS, ½ L HIP BUMPS

1&2 Touch R toe fwd, touch R heel in place, stomp R fwd
3&4 Touch L toe fwd, touch L heel in place, stomp L fwd
5&6 Step R fwd with hip bumps RLR
7&8 ½ turn L stepping L fwd with hip bumps LRL

Happy Dancing!

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