

Fling Thing

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Fling Thing - Chancey Williams & The Younger Brothers Band : (CD: Echo, 2013)



Sect. 1 - HEEL SWITCHES, STEP FORWARD, SCUFF, LEFT VAUDEVILLE, HEEL, TOE

1&2& Right heel forward, step right together, left heel forward, step left together
3-4 Step right forward, scuff left forward
5&6& Cross left over right, step right diagonally back, touch left heel diagonally forward, step left together
7-8 Touch right heel diagonally forward, touch right toe diagonally back

Sect. 2 - SHUFFLE BACK, KICK HOOK KICK, ½ TURN LEFT & SHUFFLE FWD, STOMP R, STOMP L

1&2 Right back, left together right, right back
3&4 Left kick, left hook, left kick
5&6 Turn ½ left and step left forward, step right together, step left forward (6:00)
7-8 Right stomp, left stomp

Sect. 3 - SCISSOR STEP, STOMP, KICK, COASTER STEP, ROCK STEP

1&2 Step right side, step left together, cross right over left
3-4 Stomp left, kick left forward
5&6 Step left back, step right together, step left forward
7-8 Rock right forward, recover to left

Sect.4 - TRIPLE ¼ TURN, TRIPLE ¼ TURN, OUT, OUT, IN, IN, STOMP, STOMP

1&2 Step right ¼ turn right, step left together, step right ¼ turn right (12:00)
3&4 Step left ¼ turn left, step right together, step left side (3:00)
&5&6 Step right diagonal forward, step left diagonal forward, step right back, step left together
7-8 Stomp right, stomp left

Sect. 5 - ¼ TURN RIGHT & SHUFFLE FORWARD, SIDE, STOMP UP, RIGHT GRAPEVINE

1&2 Turn ¼ right and step right forward, step left together, step right forward (6:00)
3-4 Step left side, stomp up right together
5-6 Step right side, cross left behind
7-8 Step right side, scuff left forward

Sect. 6 - TOE STRUT ½ TURN RIGHT, TOE STRUT ½ TURN RIGHT, ROCK STEP, ½ TURN LEFT, STOMP UP

1-2 Left toe forward, turn ½ right and drop left heel (12:00)
3-4 Right toe back, turn ½ right and drop right heel (6:00)
5-6 Step left forward, recover to right
7-8 ½ turn left and step left forward, right stomp up (12:00)

***Restart: On the 5th wall, after 48 counts, start again facing 12:00**

Sect. 7 – SHUFFLE RIGHT, ROCK BACK, SHUFFLE LEFT, ROCK BACK

1&2 Step right side, step left together, step right side
3-4 Rock left back, recover to right
5&6 Step left side, step right together, step left side
7-8 Rock right back, recover to left

Sect. 8 - SHUFFLE ½ TURN LEFT SHUFFLE, SIDE, STOMP, ROCK SIDE, ROCK BACK

1&2 Right shuffle with ½ turn left (R, L, R)
3-4 Step left side, stomp up right together (6:00)

5-6 Rock right side, recover to left
7-8 Rock right back, recover to left

START AGAIN

Restart: On the 5th wall, dance 48 counts and start again (12.00)
