

Wildflowers

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Gudrun Schneider (DE) - October 2019
音乐: Wildflowers - Maddie Poppe



The dance starts after 16 count

Seq: AAA, BB, TAG, AA, BBB, A

PART A (32 count)

(Figure of 8) SIDE, BEHIND, ¼ TURN, STEP, ½ TURN, ¼ TURN, BEHIND, ¼ TURN, STEP L FWD

- 1-2 RF step to the right side, LF behind RF (12:00)
- 3-4 ¼ turn right and RF step forward (3:00), LF step forward
- 5-6 ½ turn right (9:00), ¼ turn with LF step left side (12:00)
- 7-8 RF behind LF, ¼ turn left (9:00), LF step forward

JAZZ BOX, STEP ¼ TURN, CROSS, POINT L

- 1-2 RF cross over LF, LF step back
- 3-4 RF step right, LF step forward
- 5-6 RF step forward, ¼ turn left (6:00)
- 7-8 RF cross over LF, LF point to left

CROSS, POINT R, ½ TURN R POINT L, STEP FWD , BRUSH, ROCK FWD

- 1-2 LF cross over RF, RF point to right
- 3-4 ½ turn right, RF beside LF, LF point to left (12:00)
- 5-6 LF step forward, RF brush fwd
- 7-8 RF step fwd, recover on LF

ROCK BACK, HEEL GRIND WITH ¼ TURN R, BACK ROCK, STEP ½ TURN L

- 1-2 RF step back, recover on LF
- 3-4 RF ¼ turn left on heel, LF step left (3:00)
- 5-6 RF step back, recover on LF
- 7-8 RF step forward, ½ turn left (9:00)

Part B starts the first time at 3:00 o'clock

PART B (32 count)

SHUFFLE FWD, KICK-BALL-STEP, ROCK FWD, ¾ SHUFFLE TURNING

- 1&2 RF step fwd, LF beside RF, RF step fwd (3:00)
- 3&4 LF kick fwd, LF beside RF, RF step fwd
- 5-6 LF step fwd, recover on RF
- 7&8 LF shuffle while ¾ turning left (6:00)

SIDE, HOLD & CROSS, SIDE, BEHIND, ¼ TURN L, CHASSEE R

- 1-2 RF step right, Hold
- &3-4 LF step back, RF cross over LF, LF step side
- 5-6 RF cross behind LF, ¼ turn left and LF step fwd (3:00)
- 7&8 RF step right side, LF beside to RF, RF step right side

BACK L, SWEEP, COASTER STEP, STEP-TOUCH-CROSS-BEHIND, SHUFFLE BACK

- 1-2 LF step back, RF sweep
- 3&4 RF step back, LF beside to RF, RF step fwd
- 5-6 LF step fwd, RF touch cross behind LF

7&8 RF step back, LF beside to RF, RF step back

BACK L, DRAG R & WALK, WALK, ROCK FWD, ¼ SAILOR TURNING L

1-2 LF step back, RF drag on LF

&3-4 RF beside to LF, LF step fwd, RF step fwd

5-6 LF step fwd, recover on RF

7&8 ¼ turn left, LF cross behind RF, RF step beside LF, LF step fwd (12:00)

TAG (the Tag starts 9:00 o'clock)

SIDE-TOUCH, ¼ TURN L SIDE-TOUCH, ¼ TURN L SIDE-TOUCH, ¼ TURN L SIDE-TOUCH

1-2 RF step to right, LF touch beside RF (9:00)

3-4 ¼ turn left and LF step to left, RF touch beside LF (6:00)

5-6 ¼ turn left and RF step to right, LF touch beside RF (3:00)

7-8 ¼ turn left and LF step to left, RF touch beside LF (12:00)

HAVE FUN

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