

Time To Go

拍数: 64 墙数: 2 级数: Low Intermediate
编舞者: Mercè ORRIOLS (ES) - October 2019
音乐: First Step to Leaving - Tracy Lawrence : (CD: Made In America - 2019)



Start dancing on lyrics

Sect. 1 - RIGHT STEP, LOCK, STEP, HOLD, LEFT MAMBO FORWARD, HOLD

1-2 Step right forward, lock left behind
3-4 Step right forward, hold
5-6 Rock left forward, recover to right
7-8 Step left slightly back, hold

Sect. 2 - STEPS BACKWARDS (R, L, R), HOLD, ¼ TURN LEFT SAILOR STEP, HOLD

1-2 Step right back, step left back
3-4 Step right back, hold
5-6 Cross left behind, turn ¼ left and step right side (9:00)
7-8 Step left side, hold

Sect. 3 - RIGHT CROSS ROCK, RECOVER, SIDE, HOLD, LEFT CROSS ROCK, RECOVER, SIDE, HOLD

1-2 Cross/rock right over left, recover to left
3-4 Step right side, hold
5-6 Cross /rock left over right, recover to right
7-8 Step left side, hold

Sect. 4 - CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, HOLD

1-2 Cross right over left, step left side
3-4 Cross right behind, sweep left (front to back)
5-6 Cross left behind, step right side
7-8 Cross left over right, hold

Sect. 5 - ¼ TURN LEFT & SHUFFLE BACK, HOLD, ½ TURN LEFT SHUFFLE, HOLD

1-2 Turn ¼ left and step right back, step left together (6:00)
3-4 Step right back, hold
5-6 Turn ¼ left and step left forward, step right together
7-8 Turn ¼ left and step left forward, hold (12:00)

Sect. 6 - STEP ½ TURN LEFT, STEP, HOLD, TOE STRUT ½ TURN RIGHT (X2)

1-2 Step right forward, turn ½ left (6:00)
3-4 Step right forward, hold
5-6 Left toe forward, turn ½ right and drop left heel
7-8 Right toe back, turn ½ right and drop right heel (6:00)

Sect. 7 - LEFT SCISSORS CROSS, HOLD, RIGHT GRAPEVINE (cross)

1-2 Step left side, step right close to left
3-4 Cross left over right, hold
5-6 Step right side, cross left behind
7-8 Step right side, cross left over

Sect. 8 - RIGHT SCISSORS CROSS, HOLD, HALF RUMBA BOX, HOLD

1-2 Step right side, step left close to right
3-4 Cross right over left, hold

5-6 Step left side, step right together
7-8 Step left forward, hold

START AGAIN

TAG: After walls 1 & 3 (6:00) add the next 4 counts:

1-2 Step right forward, hold
3-4 Step left forward, hold
