

7&8 Turning ½ left step L forward, step R together, step L together (angle body to left on 8) (12 o'clock)

Armography for counts 33-48

1-2& Pendulum swing both arms to right side of body on 1-2, on & circle them in a clockwise direction
3-4& Pendulum swing both arms to left side of body on 3-4, on & bring both arms into body
5-6 Push both arms forward with palms forward
7&8 Drop arms on ½ R triple turn
1-2& Pendulum swing both arms to left side of body on 1-2, on & circle them in counter clockwise
3-4& Pendulum swing both arms to right side of body on 3-4, on & bring both arms into body
5-6 Push both arms forward palms forward
7&8 Drop arms on ½ L triple turn

[49-56] L weave 2 , R sailor, diagonal syncopated L rocking chair*

1-2 Cross step R over L, step L side
3&4 Cross step R behind L, step L side, step R side (turning towards right diagonal)
5&6& On diagonal rock L forward, recover weight on R, rock L back, recover weight on L
7&8& Repeat 5&6&

***Single time option: On counts 5-8 for less syncopation, on the diagonal L rocking chair:**

5-6 Rock L forward, recover weight on R
7-8 Rock L back, recover weight on R

[57-64] R weave 2, L sailor, diagonal syncopated R rocking chair*

1-2 Cross step L over R, step R side
3&4 Cross step L behind R, step R side, step L side (turning towards left diagonal)
5&6& On diagonal rock R forward, recover weight on L, rock R back, recover weight on L
7&8& Repeat 5&6& (straightening up to 12 o'clock at end of sequence)

***Single time option: On counts 5-8 for less syncopation, on the diagonal R rocking chair:**

5-6 Rock R forward, recover weight on L
7-8 Rock R back, recover weight on L

WALL 3 RESTART: After 64 counts restart dance facing front wall.

[65-72] R fwd, slow ½ L pivot turn with hand claps, R fwd, ½ L pivot turn, stomp R/L

1-4 Step R forward, slowly pivot ½ left (6 o'clock)

Armography: after stepping forward on 1, clap your hands in the air or you can start high & work low with the music on &2&3&4& (7 claps)

5-6 Step R forward, pivot ½ left (12 o'clock)
7-8 Stomp R, stomp L

[73-80] R fwd, slow ½ L pivot turn with hand claps in music, R fwd rock/recover, R touch flick

1-4 Step R forward, slowly pivot ½ left (6 o'clock)

Armography: after stepping forward on 1, clap your hands with the music on &2&3&4& (7 claps)

5-6 Rock R forward, recover weight on L
7-8 Touch R together, flick R back

Tel: 01462 735778 E-mail: info@thedancefactoryuk.co.uk Website: www.thedancefactoryuk.co.uk
