

Still Alone

COPPER KNOB
STEPPING SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: T. Setiawan (INA) - October 2019
音乐: Alone - Bee Gees : (Album: One Night Only)



Notes: Start after 32 counts intro
Restart on Wall 5 after 28 counts

(1 - 8) Side, Rock back, Recover, Forward shuffle, Pivot turn, Half turn and backward shuffle

1-2-3-4& Step L to side, Rock R back, Recover on L, Step R forward, Step L next to R
5-6-7- Step R forward, Step L forward, Make ½ turn right recover on R
8& Make ½ turn right stepping L back, Step R next to L

(9-16) Rock back, Recover, Kick ball touch side, Cross, Quarter turn, Chasse

1-2-3-4& Step L back, Rock R back, Recover on L, Kick R forward, Step R next to L
5-6-7- Touch L to side, Cross L over R, make ¼ turn left stepping R back
8& Step L to side, Step R together

(17-24) Cuban break, Cross rock, Recover, Chasse turn

1-2&3& Step L to side, Cross R over L, Recover on L, Rock R to side, Recover on L
4&5-6- Cross R over L, Recover on L, Step R to side, Cross L over R
7-8& Recover on R, Step L to side, Step R together

(25-32) Quarter pivot, Cross shuffle, Side, Behind, Side, Cross

1-2-3- Make ¼ turn left stepping L forward, Step R forward, Make 1/4 turn left recover on L
4&5 Cross R over L (To Restart), Step L to side, Cross R over L
6-7&8 Step L to side, Cross R behind L, Step L to side, Cross R over L

Enjoy and have fun

Contact: tsetiawan19@gmail.com