

# Mummy Trance

**COPPER KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner / Halloween dance  
编舞者: Regina Cheung (CAN) - October 2019  
音乐: Mummy Trance - Bruce Moore, Louie Miranda & Joy Suarez



Intro : 32 Counts

## Section 1: Grapevine right stomp, Twist heels to left

1 2            Step right to right, step left behind right  
3 4            Step right to right Stomp left next to right  
5 6 7 8        Twist both heels to left, twist both toes to left X 2 (travelling to left) (12:00)

## Section 2: Toe Strut forward X 4

1 - 4            Touch R toe forward, Step R heel down, Touch left toe forward, Step left heel down  
5 - 8            Repeat 1 - 4 (12:00)

## Section 3: Monterey 1/4 right, Heel switches, Pivot 1/2 left

1 2            Point right to right, 1/4 turn right close right next to left  
3 4            Point left to left, close left next to right  
5&6&        Touch right heel forward, close right next to left, Touch left heel forward, Close left next to right  
7 8            Step forward on right make a 1/2 turn left (9:00)

## Section 4: Jazz Box Cross, Syncopated Out In Steps (Option : Out out In in)

1 2            Step right over left, Step left back  
3 4            Step right on side, Step left Cross over right  
5 6            Both heels out, Both heels In (option : Right out, Left out)  
7 8            Repeat 5 6 (9:00) (option : Right In, Left In)

## RESTARTS :

Wall 3, Count 24 - Restart (3:00)

Wall 6, Count 24 - Restart (6:00)

ENDING : Dance finish facing (9:00) do Mummies Walk around.

HAVE FUN, HAPPY HALLOWEEN !!

For music enquiry : [reginacheung@rogers.com](mailto:reginacheung@rogers.com)