

Frauline

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Beginner
编舞者: Wiesye Baraoh (INA) - October 2019
音乐: Frauline by Victor Wood



Session 1 : SIDE, BEHIND, ¼ turn R – FORWARD, ¼ turn Right – TOUCH, SIDE, BIHIND, SIDE, TOUCH

1 2 3 4 Step R to R side (1). Step L cross behind R (2), ¼ turn R - Step R forward (3), ¼ turn R – touch L next to R
5 6 7 8 Step L to L side (5), Step R cross behind L (6), Step L to L side (7). Touch R next to L (8)

Session 2 : SIDE, RECOVER, BEHIND, SIDE, CROSS (2X)

1 2 3 & 4 Step R to R side (1), Recover on L (2), Cross R behind L (3), Step L to L side (&). Cross R over L (4)
5 6 7 & 8 Step L to L side (5), Recover on R (6), Cross L behind R (7), Step R to R side (&), Cross L over R (8)

Session 3: SWEEP, SWEEP, FORWARD, RECOVER, COASTER STEP

1 2 3 4 Step R sweep forward (1-2), Step L sweep forward (3-4)
5 6 7 & 8 Step R forward (5), Recover on L (6), Step back on R (7), Step L together R (&), Step R forward (8)

Session 4: SWEEP, SWEEP, FORWARD, RECOVER, COASTER CROSS

1 2 3 4 Step L Sweep forward (1-2), Step R sweep forward (3-4)
5 6 7 & 8 Step L forward (5), Recover on R (6), Step back on L (7), Step R together L (&), Step L cross over R (8)

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