

AB All Because

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Absolute Beginner
编舞者: Janet Cummings (USA) - October 2019
音乐: Your Mama Don't Dance - Loggins & Messina : (Album: The Best of Loggins and Messina - 2:48)



Intro: 32 Count - No Tags or Restarts

SECTION 1: R STEP, L DIAGONAL KICK, L STEP, R CROSS; L STEP, R DIAGONAL KICK, R STEP, L CROSS

1, 2, 3, 4 R Step, L Kick Diagonally, L Step, R Cross
5, 6, 7, 8 L Step, R Kick Diagonally, R Step, L Cross

SECTION 2: RHUMBA BOX

1, 2, 3, 4 R Step to Side, L Follow, R Step Back, L Touch
5, 6, 7, 8 L Step to Side, R Follow, L Step Forward, R Touch

SECTION 3: R STEP, L HOOK BEHIND, L STEP, R HOOK IN FRONT X2

1, 2, 3, 4 R Step Forward, L Hook Behind R Knee, L Step Back, R Hook in Front of L Knee
5, 6, 7, 8 R Step Forward, L Hook Behind R Knee, L Step Back, R Hook in Front of L Knee

SECTION 4: R HEEL TAP FORWARD, FAN TOES OUT-CENTER, CLOSE; L HEEL TAP FORWARD, FAN TOES OUT-CENTER, CLOSE

1, 2, 3, 4 R Heel Tap Forward, Fan Toes Right, Back to Center, Step Back Together (Close)
5, 6, 7, 8 L Heel Tap Forward, Fan Toes Left, Back to Center, Step Back Together (Close)

This Dance is #15 in our AB Series. Woot! This dance utilizes a front and a back hook.

Quick note: Thank you to each and every follower of this series, and congratulations on your progression. I hope you're having as much fun as I because fun and fellowship should be your focus. Good job!

Advice....Learn the Terminology and follow Floor Etiquette. Always respect your instructors...they work hard to please you...to succeed in what they do they need your full effort and cooperation. God bless.

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