

10.000 Hours Again

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Els de VOS (NL) - October 2019
音乐: 10,000 Hours - Dan + Shay & Justin Bieber



Tag 1: after wall 1, Tag 2: after wall 4

#32 count intro.

STEP RIGHT, LEFT, FORWARD, ANCHOR IN PLACE, STEP LEFT, RIGHT BACK, SAILOR ¼ LEFT.

1-2-3&4 Step R,L fwd, step R next L, step L next R, step R next L.

5-6-7&8 Step L,R back, step L behind R, ¼ turn left step R right , step L left.

STEP RIGHT FORWARD, STEP LEFT 1/2 RIGHT BACK, SAILOR STEP RIGHT, STEP LEFT , RIGHT FORWARD, MAMBO STEP LEFT.

1-2-3&4 Step R forward, 1/2 turn right, step L back, step R behind L, step L left, step R right.

5-6-7&8 Step L,R fwd, step L fwd, recover, step L back.

SHUFFLE BACK RIGHT, SHUFFLE 1/2 LEFT, STEP RIGHT FORWARD, PIVOT ¼ left, CROSS SHUFFLE

1&2 Step R back, step L next R, step R back

3&4 Step L ¼ left, step R next, step L ¼ left fwd

5 – 6 Step R fwd, pivot ¼ left..

7&8 Step R across L, step L next R, step R across L.

LEFT SIDE ROCK, BEHIND SIDE CROSS, RIGHT SIDE ROCK HITCH & STEP

1-2-3&4 Step L left, recover , step L behind R, step R right, step L across R.

5-6-7&8 Step R left, recover, Hitch R, step R fwd, step L fwd.

Tag 1 after first wall:

1-2-3&4 Step R fwd ½ turn left, shuffle R

5-6-7&8 Step L fwd turn 1/2 right, shuffle L.

Tag 2 after fourth wall

1-4 sway right, sway left, sway right, sway left.

Start again.....Enjoy

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