

Jimmy

COPPER **KNOB**
BY STEPHENETS

拍数: 48 墙数: 2 级数: Phrased Intermediate
编舞者: Magali CHABRET (FR) - October 2019
音乐: Jimmy - Tones And I : (CD: The Kids Are Coming)



#8 counts intro (6 sec) - 68 or 136 bpm

Sequence : A.A. B. A.A.A. B.B. A.A.A. B.B. A.A

PART A – 16 counts (68 bpm)

S1 : BASIC NC R, ¼ R, SWEEP, BEHIND, ¼ L, STEP FWD, PIVOT ½ L, STEP FWD, SWEEP, CROSS, ¼ R

- 1-2& Large step Rf to side – step Lf behind Rf – cross Rf over Lf
3-4& Turn 1/4 right stepping Lf back and sweep Rf from front to back – step Rf behind Lf – turn 1/4 left stepping Lf forward
5-6& Step Rf forward – turn 1/2 left stepping Lf forward – step Rf forward (6:00)
7-8& Step Lf forward sweeping Rf from back to front – cross Rf over Lf – turn 1/4 right stepping Lf back (9:00)

S2 : LUNGE, L ROLLING VINE, SWEEP, CROSS ROCK, SIDE ROCK, BACK, SWEEP, BACK, ¼ R, ½ R, SLIDE

- 1-2 Press ball of Rf to right side, right knee bent and stretching left leg – turn 1/4 left recovering onto Lf (6:00)
&3 Turn 1/2 left stepping Rf back – turn 1/4 left stepping Lf to side sweeping Rf forward (9:00)
4& Cross Rf over Lf – recover onto Lf
5&6 Rock Rf to side – recover onto Lf – step Rf back sweeping Lf backward
7& Step Lf behind Rf – turn 1/4 right stepping Rf forward (12:00)
8& Step Lf forward – turn 1/2 right keeping weight on Lf and slide Rf towards Lf (6:00)

PART B – 32 counts (136 bpm)

S1 : LINDI TO R, KICK BALL CROSS, SIDE, TOUCH BALL CROSS

- 1&2 Step Rf to side – step Lf beside Rf – step Rf to side
3-4 Rock back on Lf – recover onto Rf
5&6 Kick Lf diagonally forward left – step ball of Lf beside Rf – cross Rf over Lf
7-8&1 Step Lf to side – touch right toe beside Lf – step ball of Rf near Lf – cross Lf over Rf

S2 : CHASSE R, TRIPLE ½ TURN L, FWD ROCK, OUT OUT

- 2&3 Step Rf to side – step Lf beside Rf – step Rf to side
4&5 Turn 1/4 left stepping Lf to side – close Rf next to Lf – turn 1/4 left stepping Lf forward
6-7 Rock forward on Rf – recover onto Lf
&8 Step Rf out to right side – step Lf out to left side

S3 : CROSS TRIPLE, SIDE ROCK, L SAILOR, BEHIND SIDE CROSS

- 1&2 Cross Rf over Lf – step Lf to side – cross Rf over Lf
3-4 Rock Lf to side – recover onto Rf
5&6 Step ball of Lf behind Rf – step Rf to right side – step Lf to left side
7&8 Step Rf behind Lf – step Lf to side – cross Rf over Lf

S4 : SIDE ROCK, SWITCH, SIDE ROCK, MODIFIED HEEL JACK, CROSS, BACK

- 1-2 Rock Lf to side – recover onto Rf
&3-4 Close Lf next to Rf – rock Rf to side – recover onto Lf
5&6& Touch right toe beside Lf – step Rf back – touch left heel forward – step Lf back in place
7-8 Cross Rf over Lf – step Lf back

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.
