De Cero



拍数: 64

级数: Intermediate

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墙数: 2

音乐: De Cero - CNCO

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Intro: 16 co	unt
S1. SIDE M	AMBO (R & L), FORWARD MAMBO, BACK MAMBO
1&2	Rock R to side – Recover on L – Step R together (12:00)
3&4	Rock L to side – Recover on R – Step L together
5&6	Rock R forward – Recover on L – Step R together (or slightly back) (12:00)
7&8	Rock L back – Recover on R – Step L together (or slightly forward)
S2. FORW	ARD LOCK SHUFFLES , FORWARD MAMBO, SIDE CHASSE TURN 1/4 LEFT
1&2	Step R forward – Lock L behind R – Step R forward (12:00)
3&4	Step L forward – Lock R behind L – Step L forward (12:00)
5&6	Rock R forward – Recover on L – Step R back (12:00)
7&8	Turn 1/4 left step L to side – Step R together – Step L to side (9:00)
S3. VAUDE	VILLE, CROSS SHUFFLE, TURN 1/2 LEFT, CROSS SHUFFLE
1&2&	Cross R over L – Step L to side – Touch R toes diagonal forward – Step R together (9:00)
3&4&	Cross L over R – Step R to side – Touch L toes diagonal forward – Step L together (9:00)
5&6&	Cross R over L – Step L to side – Cross R over L – Turn 1/2 left (3:00)
7&8	Cross L over R – Step R to side – Cross L over R (3:00)
	PATED (SIDE, TOUCH, SIDE, KICK), BEHIND, SIDE, CROSS, SYNCOPATED (SIDE, TOUCH,
), BEHIND, FORWARD WITH TURN 1/4 RIGHT, FORWARD
1&2&	Step R to side – Touch L together – Step L to side – Kick R to side (3:00)
3&4	Cross R behind L – Step L to side – Cross R over L (3:00)
5&6&	Step L to side – Touch R together – Step R to side – Kick L to side (3:00)
7&8	Cross L behind R – Turn 1/4 right step R forward – Step L forward (6:00)
	NAL FORWARD, TOGETHER, DIAGONAL FORWARD, TOUCH, DIAGONAL BACK, R, DIAGONAL BACK, TOUCH
1&2&	Step R diagonal forward – Step L together – Step R diagonal forward – Touch L together
•	g this body angle diagonal to left - 4:30)
3&4&	Step L diagonal forward – Step R together – Step L diagonal forward – Touch R together
•	g this body angle diagonal to right - 7:30)
5&6&	Step R diagonal back – Step L together – Step R diagonal back – Touch L together
(vvnile doln) 7&8&	g this body angle diagonal to right - 7:30) Step L diagonal back – Step R together – Step L diagonal back (While doing this body angle
7000	diagonal to left - 4:30) - Touch R together (6:00)
S6.SIDE R	DCK, KICK, CROSS, SIDE MAMBO (RIGHT & LEFT)
1&2&	Rock R to side – Recover on L – Kick R diagonal forward left – Cross R over L
(While doing	g this body angle turn 1/8 left - 4:30)
3&4&	Rock L to side – Recover on R – Kick L diagonal forward left – Cross L over R
•	g this body angle turn 1/8 right - 7:30)
5&6	Rock R to side – Recover on L – Step R together (6:00)
7&8	Rock L to side – Recover on R – Step L together (6:00)

S7. COASTER STEP, FORWARD LOCK SHUFFLE, MAMBO 1/2 TURN LEFT, FORWARD LOCK SHUFFLE

1&2 Step R back – Step L together – Step R forward (6:00)

- 3&4 Step L forward Lock R behind L Step L forward
- 5&6 Step R forward Turn 1/2 left Step R forward (12:00)
- 7&8 Step L forward Lock R behind L Step L forward (12:00)

S8. PADDLE TURN 1/4 TURN LEFT (2X), BOTAFOGO, SYNCOPATED JAZZ BOX

- 1-4 Step R forward Turn 1/4 left Step R forward Turn 1/4 left (6:00)
- 5&6 Cross R over L Rock L to side Recover on R
- 7&8 Cross L over R Step R back Step L together (6:00)

REPEAT

For more info about step sheet & song, please contact: Chika : hapsari.chika@gmail.com Mamek : Roosamekto.Nugroho@gmail.com