

Ain't No Mountain High Enough (Beg)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Wendy Johansson (CAN) - October 2019
音乐: Ain't No Mountain High Enough - Marvin Gaye & Tammi Terrell : (iTunes)



Intro: 16 Cts. - Restart: after 16 cts during W2 facing 6:00 and during W8 facing 12:00

[1-8] Step touch 3x (L/R/Back 1/4 T), 1/4 T forward R,L.

1 2 3 4 Step touch 3x: Step L to side, touch R beside L. Step R to side, touch L beside R.
5 6 7 8 1/4 turn (9:00) to Step L to side (opt: raise R arm out front on lyric "high"), touch R beside L.
lower R arm as you 1/4 turn (12:00) to step forward on R, Step L beside R.

[9-16] 1/4 Turn to Step touch to R, then L. Hip roll R and slide L together.

1 2 3 4 1/4 turn (3:00) to Step R to R side, touch L beside R. Step L to L side, touch R beside L.
5 6 7 8 Step R to R side, bending knees and roll hips and torso counter-clockwise down and up, and
slide L beside R and place weight on L.

Restart here: after 16 cts during W2 facing 6:00 and during W8 facing 12:00

[17-24] Skate R, hold, skate L/R/L, hold, Forward R on R/recover.

1 2 3 4 Skate R to R side (4:30), hold (2), low small swivel/skate to L (1:30), then R (4:30).
5 6 7 8 Skate L to L side (1:30), hold (6). Rock forward on R, recover L.

[25-32] Step back, drag L, 2 steps back L/R, reverse V step.

1 2 3 4 Bigger step back on R and drag L, hold (2). Step back on L, then R.
5 6 7 8 Reverse V step/modified: Step L back on 1:30 diagonal, Step R back on 4:30 diagonal, Step
forward L, step forward R.

SHAZAM!!! :D

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