

# Good Old Days

COPPERKNOB  
STEPSHEETS

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Danielle MODICA (FR) - August 2019  
音乐: Good Old Days - The Abrams



Intro: 16 count

**[1-8] TRIPLE STEP R, ¼ TURN L, TRIPLE STEP L, ¼ TURN R, TRIPLE STEP R, ¼ TURN L, TRIPLE STEP L,**

1&2      RF to the Right (1), LF beside RF (&), RF to the Right (2), 12H  
3&4      ¼ turn left LF to the left (3), RF beside LF (&) LF to the left (4) 9H  
5&6      ¼ turn to the right RF to the right (5), LF beside RF (&) RF to the right (6) 6H  
7&8      ¼ turn left LF to the left (7), RF beside LF (&) LF to the left (8) 3H

**[9-16] HEEL GRIND R ¼ TURN R, COASTER STEP R, HEEL L, HEEL R, SWITCH L R,**

1-2      heel grind RF forward (3H) pivot ¼ turn to the right (1), recover BW on the LF (2) (6H)  
3&4      Step back RF (3), LF beside RF (&), step RF forward (4) 6H  
5&6      Heel LF forward (5), together LF beside RF (&), heel RF forward (6)  
7&8      Point LF to the left (7), together LF beside RF (&), point RF to the right (8)

**RESTART here on the 9th wall, start again the dance in front of 6h**

**[17-24] CROSS R, SIDE, ROCK BACK R, HEEL R, BALL CHANGE, CROSS L, SIDE, ROCK BACK L, HEEL L, BALL CHANGE**

1-2      Cross RF forward LF (1), LF to the left (2)  
3&4&      RF backward (3), bring back LF beside RF (BWL) (&), heel right fwd (4), bring back RF beside LF and recover BW RF (&)  
5-6      Cross LF forward RF (5), RF to the right (6)  
7&8&      LF backward (7), bring back RF beside LF BWR (&), heel left fwd (8), put LF and BWL (&)

**[25-32] TOE R, HEEL L, TOE R, HEEL L, STEP R, ¼ TURN L, STEP R, ¼ TURN L**

1&2&      To the diagonal (4h30) touch right toe behind LF (1), put RF (&), heel Left forward RF (2), put LF forward RF (&) 4H30  
3&4      Touch right toe behind LF (3), put RF (&), heel Left forward RF (4) 4H30  
5-6      Step RF (5) (3H), put RF with ¼ turn to the left (6) (12H)  
7-8      Step RF (7) (12H), put RF with ¼ turn to the left (9H)

**Restart here on the 3rd wall, start again the dance in front of 3h**

**Restart here on the 4th wall, start again the dance in front of 12h**

**[33-40] JAZZ BOX R, STEP LOCK STEP R, STEP LOCK STEP L**

1-2      Cross RF forward LF (1), step back LF (2) 9H  
3-4      RF to the right (3), together LF beside RF (4)  
5&6      Step RF to the diagonal (5) (10H30), lock LF behind RF (&), step RF (6)  
7&8      Step LF to the diagonal (7)(7H30), lock RF behind LF (&), step LF (8)

Source : this card is the original. If you have any questions do not hesitate to contact me :  
Danielle PROVOST – mavipavada@hotmail.com