

Let's Dance

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hilda Foo (NZ) - October 2019
音乐: Let's Dance - Chris Montez



No tags /restarts

Intro: 32 counts (start counting from the heavy drum beats. Dance starts on lyrics " Let's Dance")

Section 1: K-Steps with Claps

1-4 Step RF forward, Touch LF besides RF. Step LF back. Touch RF in front of LF
5-8 Step RF back, Touch LF in front of RF. Step LF forward. Touch RF besides LF

Section 2: Step to side. Hip Bumps (*optional: with hand stylings with shimmies)

1-4 Shift weight to the R, hip bumps (weight on right) * Point/move Left finger from R to L
5-8 Shift weight to the LF, hip bumps (weight on the left)*Point/move Right finger from L to R

Section 3: Twist (RLRLRLRL)

1-8 Twist to the right and left

Section 4: Toe Struts. ¼ turn right Jazz box

1-4 Right Toe Strut. Left Toe strut (optional: hand stylings)
5-8 Cross RF over LF, 1/4 turn R step LF back, step RF to right, step LF besides RF

****This dance is dedicated with love to my loved ones and friends for being there for me, for their support and prayers in those times when I was and still currently unwell. Despite this, I am going to enjoy doing what I like most by dancing my "stress" away.**

Have fun with this dance

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