

Gonna Get A Life

COPPERKNOB
BY STEPHENETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Antonella Fedi (IT) - October 2019
音乐: Gonna Get a Life - Jimmy Buckley



INTRO: with lyrics

STEP, LOCK, STEP, TOUCH, SIDE ROCK, TURN, HOLD

1-2-3-4 Lock step fwd (right, left, right) , touch left together
5-6-7-8 Left side rock, recover on right, turn ½ left and left together, hold

CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP, STOMP

1-2 Cross right over left, step left back and kick right forward
3-4 Right step in place and kick left forward, cross left over right
5-6 Right rock back and kick left forward, recover on left, right stomp together

STEP, CROSS, STEP, CROSS, SIDE ROCK, CROSS, HOLD

1-2 Step right to right, cross left behind
3-4 Step right to right, cross left over right
5-6 Right side rock, recover on left
7-8 Cross right over left, hold

STEP, TURN, STEP, TURN, ROCK BACK, STOMP, STOMP

1-2 Left step fwd, turn ½ right
3-4 Left step fwd, ½ turn right (weight on left)
5-6 Right rock back, recover on left
7-8 Right stomp in place twice

STEP, LOCK, STEP, TOUCH, SIDE ROCK, TURN, HOLD

1-2-3-4 Lock step fwd (right, left, right) , touch left together
5-6-7-8 Left side rock, recover on right, turn ½ left and left together, hold

CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP, STOMP

1-2 Cross right over left, step left back and kick right forward
3-4 Right step in place and kick left forward, cross left over right
5-6 Right rock back and kick left forward, recover on left, right stomp together

ROCK STEP, BACK, HOLD, COASTER STEP, HOLD

1-2 Right rock step fwd, recover on left
3-4 Right step back, hold
5-6 Left step back, right together
7-8 Left step fwd, hold

STEP, TURN, STEP, TURN, ROCK BACK, STOMP, STOMP

1-2 Right step fwd, turn ½ left
3-4 Right step fwd, ½ turn left (weight on right)
5-6 Left rock back, recover on right
7-8 Left stomp in place, right stomp together

REPEAT

TAG: At the end of 1st and 3rd wall: 1-2-3-4 Right stomp, hold, hold, hold

RESTART: At 7th wall after 48 counts

FINAL: At 8th wall after 24 counts: Left step fwd, turn 1/2 right (X 3 times)

SUGGESTION : Remember, every time you do STEP, CROSS, STEP, CROSS, SIDE ROCK, CROSS, HOLD (17-24) you are at 6.00; every time you do ROCK STEP, BACK, HOLD, COASTER STEP, HOLD (49-56) you are at 12.00

DANCE AND HAVE FUN!!! :-))
