

# AB Get Up Early in the Morning

**COPPERKNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: K. Sholes (USA) & Shirley Blankenship (USA) - October 2019  
音乐: I Get Up Early In the Morning - Roger Miller



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## Section 1: Walk (with Hip Rolls) X3, Hold, Hip Rolls X4

1-4      Walk RLR forward, Hold,  
5-8      Roll hips LRLR.

## Section 2: Walk (with Hip Rolls) X3, Hold, Hip Rolls X4

1-4      Walk LRL back, Hold,  
5-8      Roll hips RLRL.

## Section 3: Step, Touch X4 (with 1/4 turn)

1-4      Step R to side, Touch L next to R, Step L to side, Touch R next to L,  
5-8      Step R to side, Touch L next to R, Step L 1/4 left, Touch R next to L.

## Section 4: Step, Together, Step, Touch X2 (with Hip Rolls)

1-4      Step R to side, Step L next to R, Step R to side, Touch L next to R,  
5-8      Step L to side, Step R next to L, Step L to side, Touch R next to L.

**\*\*Restarts: Walls #3 & #5 after Section 2...**

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