

# My Girl

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Lesley Stewart (SCO) - October 2019  
音乐: My Girl - The Temptations



**Intro: 8 count intro from heavy beat start on vocals**

**Restart: On wall 6 dance up to count 16 and restart the dance\*\*\*\***

## HEEL TOE, SHUFFLE, HEEL TOE, SHUFFLE

1-2            Touch right heel forward, touch right toe back  
3&4           Step forward on right, step left, next to right, step forward on right  
5-6           Touch left heel forward, touch left toe back  
7&8           Step forward on left, step right next to left, step forward left

## ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, ½ TURN SHUFFLE

1-2            Rock on right, recover on left  
3&4           ½ turn shuffle right, stepping right, left, right  
5-6           Rock forward on left, recover on right  
7&8           ½ turn shuffle left, stepping left, right, left\*\*\*\*\*

## ROCK, RECOVER, CROSS SHUFFLE, ¼ TURN, STEP, SHUFFLE FORWARD LEFT

1-2            Rock out to right side, recover  
3&4           Cross shuffle left  
5-6           ¼ turn right stepping back on left, step right to right side  
7&8           Step forward on left, step right next to left, step forward on left

## ROCKING CHAIR, JAZZ BOX

1-2            Rock forward on right, recover on left  
3-4            Rock back on right, recover on left  
5-6            Cross step right over left, step left to left side  
7-8            Step right to right side, step forward on left

**Start Again.....Happy Dancing.....**

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