

Take a Look at This

拍数: 32 墙数: 4 级数: Advanced
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音乐: Take a Look at This - Zayde Wolf



#32 intro

Step Sweep, Cross & Together, Cross & Behind & Cross ½ Turn

- 1 – 2 Step fwd on R, Step L beside R as you sweep R out back to front
- 3-&-4 Cross R over L, Step L out to L, Step R beside L taking weight on R
- 5&6& Cross L over R, Step R out, Cross L behind R, Step R out to R
- 7-&-8 Cross L over R, ¼ Turn L stepping back on R, ¼ Turn L stepping L beside R

Walk-Walk, Step-Lock-Step, Mambo Half Turn, ¼ Turn Step Back, ½ Turn Step Fwd

- 1 – 2 Walk fwd on R, Walk fwd on L
- 3-&-4 Step fwd on R, Lock L behind R, Step fwd on R
- 5-&-6 Rock fwd on L, Recover back on R, ½ Turn L stepping fwd on L
- 7 – 8 ¼ Turn L stepping back on R, ½ Turn L stepping fwd on L

(&) Touch & Touch, &-Kick-Hook-Kick, Weave w/ Heel Jack

- &1&2 Step R fwd/out to R, Touch L beside R, Step L fwd/out to L, Touch R beside L
- &3&4 Step R out to R, Low kick fwd with L, Hook L across R, Low kick fwd with L
- &5&6 Step L out to L, Cross R over L, Step L out to L, Cross R behind L
- &7&8 Step L out to L, Cross R over L, Step L out to L, Place R heel toward R diagonal

Ball-Cross Side, Sailor Half Turn, Half-Half Coaster Step – Ball Step

- &-1-2 Ball Step R next to L, Cross L over R, Step R out to R side
- 3-&-4 ¼ Turn L stepping L behind R, Step R in place, ¼ Turn L stepping L fwd (also prep)
- 5 – 6 ½ Turn R stepping R slightly fwd, ½ Turn R stepping back on L
- 7&8&1 Step back on R, Step L beside R, Step R fwd, Ball step L fwd as you open body towards R ready to step fwd on R on count 1 and square up and sweep on count 2

Tag 1: This Tag is 32 counts total but really 16 counts repeated with a small change on the last 2 counts at the end of the 32 count pattern. (Done at 9 o'clock, and 3 o'clock and half to front)

Step-Recover Ball Press-Step Back, Full Turn Sweep, Rock-Recover

- 1 2&3 4 Step R fwd, Recover weight back to L, Ball step R back beside L, Rock fwd L, Recover back R
- 5 6-7 8 ½ Turn L stepping L fwd, Continue another ½ Turn L sweeping R out, Rock fwd R, Recover L

Rock Back Hold, Step Half Turn, Rock Back Drag, Step Hold-Ball Step

- 1 – 2 Rock back on R as you raise L leg slightly and open body to R diagonal, Hold on count 2
- 3 – 4 Step/Recover fwd on L, ½ Turn L stepping back on R
- 5 – 6 Rock back on L as you raise R leg slightly and open body to L diagonal, Hold on count 6
- 7 – 8& Step/Recover fwd on R, Hold count 8, Ball step L beside R...ready to Step fwd on R start again

Step-Recover Ball Press-Step Back, Full Turn Sweep, Rock-Recover

- 1 2&3 4 Step R fwd, Recover weight back to L, Ball step R back beside L, Rock fwd L, Recover back R
- 5 6-7 8 ½ Turn L stepping L fwd, Continue another ½ Turn L sweeping R out, Rock fwd R, Recover L

Rock Back Hold, Step Half Turn, Rock Back Drag, Jump Out Hold, Step Ball Step

- 1 – 2 Rock back on R as you raise L leg slightly and open body to R diagonal, Hold on count 2

- 3 – 4 Step/Recover fwd on L, ½ Turn L stepping back on R
- 5 – 6 Step back on L as you drag R towards left over counts 5-6 (weight stays on L)
- 7 – 8& Jump out on count 7 (weight on L), Step R fwd, Ball Step L beside R as you open body towards R and Cross R over L which is count 1 and then square up by step sweep on count 2 for your new wall.

Tag 2: Only done once and it's done immediately after you do 32, Tag 1, 32 and @ 6 o'clock

Rock & Rock & Coaster Step, Rock & Rock & Coaster Step

- 1&2& Rock fwd on R, Recover L, Rock R out to R, Recover L
- 3-&-4 Step back on R, Step L back beside R, Step R fwd
- 5&6& Rock fwd on L, Recover R, Rock L out to L, Recover R
- 7-&-8 Step back on L, Step R back beside L, Step L fwd (no ball step to go into the dance)

Restart: The Restart is done after you do 16 counts of the main dance starting at 9 o'clock. After those 16 you will be facing the front wall and you will do the 2nd half of Tag 1 (counts 16 to 32) but with a small addition on the end of it.

Step-Recover Ball Press-Step Back, Full Turn Sweep, Rock-Recover

- 1 2&3 4 Step R fwd, Recover weight back to L, Ball step R back beside L, Rock fwd L, Recover back R
- 5 6-7 8 ½ Turn L stepping L fwd, Continue another ½ Turn L sweeping R out, Rock fwd R, Recover L

Rock Back Hold, Step Half Turn, Rock Back Drag, Jump Out Hold, Step Ball Step

- 1 – 2 Rock back on R as you open body to 12 o'clock, Hold on count 2
- 3 – 4 Step/Recover fwd on L, ½ Turn L stepping back on R
- 5 – 6 Rock back on L, Drag R towards L over count 6
- 7-8 1 2 Jump out on count 7...Hold over counts 8,1,2
- 3-4&1 Sharp half turn to L stepping down on L and sweeping R out, Cross R over L, Ball step L fwd, then Step R fwd on count 1 to restart the dance!! Facing 12 o'clock!!!

SEQUENCE:

- 32, Tag 1 @ 9 o'clock, 32, Tag 2 @ 6 o'clock, 32, Tag 1 @ 3 o'clock, 32, 32, 16 w/t Restart Tag at front, 32 Rest of way

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