

Ride or Die

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Nolwenn BERTIN (FR) - October 2019
音乐: Ride or Die - Clayton Smalley : (Album: Whiskey Sunrise)



Sequencies - 48 counts, tag 1, 48 c., tag 2, 48 c., tag 1, 48 c., 48 c., tag 2, 48 c., tag 1, 48 c., 24 c.
Start dancing after 24 counts

RIGHT VINE, TOUCH, DIAGONAL & BACK STEP TOUCH

1 - 2 Right Foot on Right Side, cross Left foot behind RF
3 - 4 RF on right side, Left Touch next to RF
5 - 6 LF diagonally forward, Right Touch next to LF
7 - 8 Recover, Left Touch next to RF

LEFT VINE ¼ TURN, TOUCH, DIAGONAL & BACK STEP TOUCH

1 - 2 LF on left side, cross RF behind LF
3 - 4 LF on left side with ¼ turn left, Right Touch next to LF 9:00
5 - 6 RF diagonally forward, Left Touch next to RF
7 - 8 Recover, Right Touch next to LF

BACK STEP LOCK STEP, HOOK, STEP, SCUFF, STEP ½ TURN

1 - 2 RF backward, LF lock over RF
3 - 4 RF backward, Left Hook
5 - 6 LF forward, Right Scuff forward
7 - 8 RF forward, Turn ½ left (ending weight on LF) 3:00

RIGHT MAMBO STEP, LEFT COASTER STEP, SCUFF

1 - 2 RF forward (with weight), recover
3 - 4 RF backward, hold
5 - 6 LF backward, RF next to LF
7 - 8 LF forward, Right Scuff next to LF

TOE STRUT JAZZ BOX

1 - 2 Right Toe Strut over LF
3 - 4 Left Toe Strut backward
5 - 6 Right Toe Strut next to LF
7 - 8 Left Toe Strut in front of RF

RIGHT VINE, SCUFF, ½ TURN SWIVEL X3, KICK

1 - 2 RF on right side, cross LF behind RF
3 - 4 RF on right side, Left Scuff next to RF
5 - 6 Turn ½ left with heels swivel on left side, toe swivel on Left side 9:00
7 - 8 Heels swivel on Left side, Right Kick diagonally forward

Tag 1: 4 counts – out RF, out LF, in RF, in LF

Tag 2: 8 counts – tag 1 + Right Step ½ turn x 2 (or tag 1 X2)

START AGAIN AND ENJOY

Memo

R. Right :: Fwd Forward

L. Left Bwd :: Backward

BCh Ball Change :: Tch Touch

