

Sweet Dreams

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Regan Love (AUS) - October 2019
音乐: Sweet Dreams - Eurythmics



Start with lyrics

S1: CROSS ROCK, RECOVER, CROSS ROCK, RECOVER

1,2,3,4 Cross rock R over L, Recover on L, Step R beside L, Hold
5,6,7,8 Cross rock L over R, Recover on R, Step L beside R, Hold

S2: ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

1,2,3&4 Rock forward on R, Recover back on L, Shuffle back on R (R,L,R)
5,6,7&8 Rock back on L, Recover fwd on R, Shuffle fwd on L (L,R,L)

S3: WEAWE LEFT AND RIGHT

1,2,3,4 Cross R over L, Step L beside R, Cross R behind L, Point L toe to side
5,6,7,8 Cross L over R, Step R beside L, Cross L behind R, Point R toe to side

S4: SIDE STEPS TO TURN ½

1,2,3,4 Turn 1/8 L stepping R to R (10:30), Touch L beside R, Turn 1/8 L stepping L to L (9:00),
Touch R beside L
5,6,7,8 Turn 1/8 L stepping R to R (7:30), Touch L beside R, Turn 1/8 L stepping L to L (6:00), Touch
R beside L