

13 (It Ain't Right)

拍数: 0 墙数: 2 级数: Improver
编舞者: Rex Allott (UK) - October 2019
音乐: Mama Talking (feat. Stuff Smith) - Parov Stelar



Intro - 16 Counts

S1. Cross Over Cha Cha R,L

1-2 Step R forward over L. Step Back on R
3&4 Cha Cha Cha R,L,R
5-6 Step L forward over R, Step Back on L
7&8 Cha Cha Cha L,R,L

S2. Point, Cross, R, L, 1/2 Turn R, R Kick Ball Change.

1-2 Point L to L, Step R over L
3-4 Point R to R, Step L over R
5-6 Step R Back Turning 1/2 Turn R, Step L Forward
7&8 Kick R Forward, Step R,L

S3-4 Repeat 1&2

S5. Grapevine R, Hitch R, Grapevine L, Hitch L

1-4 Step L Behind R, Step R to R, step L next to R, Hitch R
5-8 Step R Behind L, Step L to L, Step R next to L, Hitch L

S6-8 Repeat 2,5,2

S9. Toes Out, Heels Out, Toes In, Heels In

1-2 Fan both toes out, Fan both heels out
3-4 Fan both heels in, Fan both toes in
5-6 Repeat 1-2
7-8 Repeat 3-4

S10-12 Repeat 2,9,2

S13. Full Turning Weave R

1-2 Step L Behind R, Step R to R side.
3-4 Step L over R Turning 1/2 Turn R
5-6 Repeat 1-2
7-8 Repeat 3-4 (Weight on R)

S14-16 Repeat 2,13,2

S17. Touch R Out, In, Out, Flick R, Repeat L

1-2 Touch R out to R, Touch R toe forward
3-4 Touch R back to R, Flick R behind L
5-6 Step R out R, Touch L toe forward
7-8 Touch L back to L, Flick L Behind R

S18-20 Repeat 2,17,2

S21. Step R Out, In, Step Side Touch, Repeat L

1-2 Step R to R, Step R next to L

- 3-4 Step R to R, Step L next to R
- 5-6 Step L to L, Step L next to R
- 7-8 Step L to L, Step R next to L

S22-24 Repeat 2,21,2

S25. V Step, Heel Fans R,L, Heel V Step

- 1-2 Step L forward out to L, Step R forward out to R
- 3-4 Step L back in, Step R back in
- 5&6& Fan R heel out, Fan L heel out, Fan R heel in, Fan L heel in
- 3&4& Step R Heel Out Forward, Step L Heel Out Forward, Step R Heel In, Step L Heel in

S26-28 Repeat 2,27,2

S29. Scuff, Brush, Scuff, R, L

- 1-2 Step R forward, scuff L forward
- 3-4 Brush L back across R scuff L forward
- 4-5 Step,L forward, scuff R forward
- 7-8 Brush R back, scuff R forward

S30. Pause

- 1-4 Pause.

S31. Stomp, Bounce x 3, Toe-Heel Stomp x 2

- 1&2& Stomp R forward, lift R heel up, down, up
- 3&4 Drop R heel, down, up, down
- 5&6 Touch R forward, toe, heel, Stomp R
- 7&8 Touch L Forward, toe, heel, Stomp L

S32-34 Repeat 2,31,2

S35. R Toe Fans R,L,R, L Toe Fans L,R,L

- 1-4 Step R forward, Fan toe L,R,L
- 5-6 Step L forward, Fan toe, R,L,R
- 36-38 Repeat 2,37,2

S39. Tap R Out R, Back Step Cross, Tap L Out L, Back Step Cross

- 1-2 Tap R out R x 2
- 3&4 Step R behind L, Step L to L, Step R over L
- 3-4 Tap L out L x 2
- 5&6 Step L behind R, Step R To R, Step L over R

S40. Repeat 2 (1-4)

- 5-6 Step R Back, Step L next to R
- 7-8 Step L forward, Step R next to L

Finish.

The title of this dance is 13 because it is made up of 13 eight-beat step sequences featured in other dances. The odd numbered sequences can be replaced with any eight-beat sequence you choose.

Have fun!
