

Over The Heath "Uber Die Heide"

COPPER **KNOB**
STEPSHEETS

拍数: 64 墙数: 1 级数: Phrased Improver
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音乐: Federkleid - Faun



Sequence: A – BB – AA – BB – AA - Tag – BA

Intro: 36 counts (00:25)

PART A (32 counts)

FORWARD ROCK STEP, BACK TRIPLE STEP, BACK ROCK STEP, FORWARD TRIPLE STEP

1-2-3&4 Step L forward, recover on R, L back, R together, L back
5-6-7&8 Step R back, recover on L, R forward, L together, R forward

HEEL SWITCHES, TOE SWITCHES, FORWARD ROCK STEP, BACK TRIPLE STEP

1&2& L heel forward, step L together, R heel forward, step R together
3&4& Point L toe side, step L together, point R toe side, step R together
5-6-7&8 Step L forward, recover on R, L back, R together, L back

WALK BACK, BACK MAMBO, WALK FORWARD, FORWARD MAMBO

1-2-3&4 Walk back R-L, R back, recover on L, R together
5-6-7&8 Walk forward L-R, L forward, recover on R, L together

KICK, TOGETHER, POINT, KICK, TOGETHER, POINT, 1/2 STEP TURN, TRIPLE STEP 1/2 TURN IN PLACE

1&2-3&4 Kick R forward, step R together, point L toe side, Kick L forward, step L together, point R toe side
5-6-7&8 Step R forward, 1/2 turn L (06:00) and recover on L, Triple step 1/2 turn L (12:00) in place R-L-R

PART B (32 counts)

WEAVE RIGHT, POINT, WEAVE LEFT, POINT

1-2-3-4 Step L across, R side, L behind, point R side
5-6-7-8 Step R across, L side, R behind, point L side

ACROSS, POINT, ACROSS, POINT, JAZZ BOX

1-2-3-4 Step L across, point R side, Step R across, point L side
5-6-7-8 Step R across, R back, L side, R across

WINE LEFT, SCUFF, WINE RIGHT, SCUFF

1-2-3-4 Step L side, R behind, L side, scuff R forward
5-6-7-8 Step R side, L behind, R side, scuff L forward

1/4 STEP TURN, TOGETHER, TOUCH, 1/4 STEP TURN, TOGETHER, TOUCH

1-2-3-4 Step L forward, 1/4 turn R (03:00) and recover on R, step L together, touch R together
5-6-7-8 Step R forward, 1/4 turn L (12:00) and recover on L, step R together, touch L together

REPEAT

TAG after wall 9 (12:00)

ROCKING CHAIR

1-2-3-4 Step L forward, recover on R, step L back, recover on R

