Abu Dhabi



编舞者: Miko Yamamoto (INA) - July 2019

音乐: Abu Dhabi - Mikolas Josef



Intro: 16 Count - No Tag - No Restart

S1: SIDE TOUCH, BACK COASTER STEP, FORWARD ROCK, RECOVER, BACK, BACK COASTER STEP. FORWARD, FORWARD, SIDE TOUCH

1-2&3 Touch R outside R, Step R back, Step L next to R, Step R forward

4&5 Rock L forward, Recover on R, Step L back
6&7 Step R back, Step L next to R, Step R forward
8&1 Step L forward, Step R forward, Touch L outside L

S2: (KICK BALL TOUCH, 1/4 RIGHT SAILOR COASTER)x2

2&3	Kick L forward, Step on ball of L next to R, Touch R outside R
4&5	Make ¼ turn R cross R behind L, Step L to side, Step R forward
6&7	Kick L forward, Step on ball of L next to R, Touch R outside R
8&1	Make ¼ turn R cross R behind L, Step L to side, Step R forward

S3: SIDE ROCK, RECOVER, BEHIND CROSS (LEFT, RIGHT, LEFT), FORWARD, FORWARD, FORWARD

2&3	Rock L to side, Recover on R, Cross L behind R
4&5	Rock R to side, Recover on L, SCross r behind L
6&7	Rock L to side, Recover on R, Cross L behind R
8&1	Step R forward, Step L forward, Step R forward

S4: MAMBO CROSS (LEFT, RIGHT, LEFT), BACK, FORWARD

2&3	Rock L to side, Recover on R, Cross L over R
4&5	Rock R to side, Recover on L, Cross R over L
6&7	Rock L to side, Recover on R, Cross L over R

8& Step R back, Step L forward

Begin Again. Have Fun

For more information about this dance please contact me at: : febe.yamamoto@yahoo.com