

# Dixie Biscuits

拍数: 64                      墙数: 4                      级数: Phrased Improver  
编舞者: Rex Allott (UK) - October 2019  
音乐: Dixie Biscuits (feat. Henrik Wager) - Tape Five



Intro - 16 beats from 'Lookout'.

Sequence A,B,A,B(1-4)A,A,B,A,B,B,A,A,B,B,C

## A. 32c

### A1: One Foot Heel Swivels R,L,R, One Foot Heel Swivels L,R,L, Charleston Step

1&2                      Lift R Foot, Bend R Knee 90#, Swivel L Heel R,L,R, Including R Leg, Hips & Arm Movements  
2&4                      Repeat Above Using L Foot, Swivel R Heel  
5-6                      Step R Forward, Kick L Forward  
7-8                      Step L Back, Swing R Back

### A2. Tap R to R x 2, Back Step Cross, Tap L to L x 2, Back Step 1/4 Turn R

1-2                      Tap R to R Side x 2  
3&4                      Step R Behind L, Step L to L, Step R Next To L  
5-6                      Tap L to L Side x 2  
5&6                      Step L Behind R, Step L Back Turning 1/4 Turn R, Step L Next to R

### A3. Heel Fans R,L, Step R Forward (heel, toe), L fwd mambo step, R coaster step

1&2&                      Heel Fans R,L, Step R Heel Forward  
3&4&                      Step R heel fwd, drop toe  
5&6                      Step Forward on L step R on the spot, step back on L  
7&8                      Step Back on R, step L on the spot, step R fwd

### A4. Heel Fans L,R, Step L Forward (heel, toe), R fwd mambo step, L coaster step

1&2                      Heel Fans L,R,  
3-4                      Step L heel fwd, drop toe  
5&6                      Step Forward on R, step L on the spot, step back on R  
7&8                      Step Back on L, step R on the spot, step L fwd

## B. 16c

### B1: Chasse R, Step L Back, Recover R, Full Turn R, Chasse L

1&2                      Step R to R Side, Step L Next to R, Step R to R Side  
3-4                      Step Back on L, Recover on R  
5-6                      Step Forward on L Making 1/2 Turn R, Step Back on R Making 1/2 Turn R  
7&8                      Step L to L Side, Step R Next to L, Step L to L Side

### B2: Chasse L, Step R Back, Recover L, Full Turn L, Chasse R

1&2                      Step L to L Side, Step R Next to L, Step L to Left Side  
3-4                      Step Back on R, Recover on L  
5-6                      Step Forward on R Making 1/2 Turn L, Step Back on L Making 1/2 Turn L  
7&8                      Step R to R Side, Step L Next to R, Step R to R Side

## C. 16c

### C1: Shuffle 1/4 turn L x 3, step fwd, back R, L

1&2                      Step L over R, step R to R, step L next to R  
3&4&5&                      Rpt 1&2 x 2  
6-8                      Step fwd R,L, step back R, L

### C2: V-Step, Step Forward L,R

1-2 Step L Diagonally Out L, Step R Diagonally Out R  
3-4 Step L Diagonally In, Step,R Diagonally in  
5-6 Step L Forward, Step R Forward, Spread Arms. Finish

**Last Update: 26 Nov 2023**

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