

# Flip, Flop, Fly

拍数: 40      墙数: 2      级数: Easy Improver  
编舞者: Nicole Woodley (NZ) - October 2019  
音乐: Flip, Flop and Fly by Elis Hall. "Chicken Run" Soundtrack (2000).



**Intro: 16 counts in on vocals, Start with weight on R.**

**[1-8] L Side Close, L Side Close, L Side Drag, Rock Recover.**

1 2            Step L to L side, R close next to L  
3 4            Step L to L side, R close next to L,  
5 6            Step L to L side, drag R next to L,  
7 8            Step R foot behind L and rock onto it, recover back onto L foot.

**[9-16] Heel Close, Heel Close, Step R ½ Turn, Stomp, Clap.**

1 2            R heel dig, R close next to L  
3 4            L heel dig, L close next to R,  
5 6            Step R fwd, turn ½ over L shoulder (facing 6:00 wall),  
7 8            Stomp R next to L, clap hands together.

**[17-24] L Side Close, L Side Close, L Side Drag, Rock Recover.**

1 2            Step L to L side, R close next to L  
3 4            Step L to L side, R close next to L,  
5 6            Step L to L side, drag R next to L,  
7 8            Step R foot behind L and rock onto it, recover back onto L foot.

**[25-32] Heel Close, Heel Close, Step R ½ Turn, Stomp, Clap.**

1 2            R heel dig, R close next to L  
3 4            L heel dig, L close next to R,  
5 6            Step R fwd, turn ½ over L shoulder (facing 12:00 wall),  
7 8            Stomp R next to L, clap hands together.

**[33-40] R Shuffle Back, L Shuffle Fwd, 2x ¼ Turn Steps, Stomp, Clap 2x.**

1&2           Step R back, touch L next to R, step R back,  
3&4           Step L fwd, touch R next to L, step L fwd,  
5&            Step R fwd, L ¼ turn (facing 9:00 wall),  
6&            Step R fwd, L ¼ turn (facing 6:00 wall),  
7&8           Stomp R next to L, clap, clap.

**Start dance again facing 6:00 wall.**

**TAG: Cross Jazz Box.**

**Facing 6:00 wall after the end of wall 5, complete tag and start wall 6.**

1            Cross R over L  
2            Step L back  
3            Step R to R side  
4            Step L next to R.

Contact: Nicole Woodley  
Email: colemail98@gmail.com  
Phone: 0223143266

Last Update: 21 May 2024

