

# Breaking Out

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Ann-Kristin Sandberg (NOR) - October 2019  
音乐: Breaking Out - Smash Into Pieces : (iTunes)



## INTRO: 16 counts

### Diagonal steps forw-Rock recover-Coaster step

1&2      Step R foot diagonal forw to R, Step L next to R, Step R diagonal forw to R  
3&4      Step L diagonal forw to L, Step R next to L, Step L diagonal forw to L  
5&6      Step R foot forw, Recover onto L, Step R foot backw  
7&8      Step L foot backw, Step R next to L, Step L foot forw

### Step-Pivot ¼ turn L-Cross-Rock recover- Cross- Rumbabox

1&2      Step R foot forw, Pivot ¼ turn L, Cross R over L (F09)  
3&4      Step L out to L side, Recover onto R, Cross L over R  
5&6      Step R to R side, Step L next to R, Step R forw  
7&8      Step L to L side, Step R next to L, Step L foot backw

### Side-Together-Side- Touch- Side- Together- ¼ turn L- Step- Pivot ¼ turn L- Cross-Rock recover-Cross

1&2&      Step R to R side, Step L next to R, Step R to R side, Touch L next to R  
3&4      Step L to L side, Step R next to L, ¼ turn L stepping L forw (F06)  
5&6      Step R forw, Pivot ¼ turn L, Cross R over L (f03)  
7&8      Step L to L side, Recover onto R, Cross L over R

### Side-Together –Side- Heel- Side- Cross- Side- Heel- Diagonal backw- Diagonal forw

1&2&      Step R to R side, Step L next to R, Step R to R side, Touch L heel forw  
3&4&      Step L to L side, Cross R over L, Step L to L side, Touch R heel forw  
5&6&      Step R diagonal backw to R, Touch L next to R, Step L diagonal backw, Touch R next to L  
7&8&      Step R diagonal forw, Touch L next to R, Step L diagonal forw, Touch R next to L

ENJOY & HAPPY DANCING!

Mail: [anne88@online.no](mailto:anne88@online.no)