

# Today is Friday

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver Contra  
编舞者: Karianne Heimvik (NOR) & Tom Inge Soenju (NOR) - September 2019  
音乐: Hoy Es Viernes - Chucho Flash



**Note:** Made as a contra but can of course be danced on lines as well.

**Intro:** 16 counts

**Sequence:** Repeating sequence

**Tag/Restart:** No tags or restarts

**End:** Dance as normal till music ends.

## Section 1: F R MAMBO STEP, COASTER CROSS, SIDE-TOGETHER, B SHUFFLE

1 & 2      Rock fwd on RF, Recover weight onto LF, Step back on RF  
3 & 4      Step back on LF, Step RF next to LF, Cross LF over RF  
5 - 6      Step RF to R side, Step LF next to RF  
7 & 8      Step back on RF, Step LF next to RF, Step back on RF

## Section 2: SIDE-TOGETHER, L CHASSÉ, POINT-¼ PADDLE L TURN X4

1 - 2      Step LF to L side, Step RF next to LF  
3 & 4      Step LF to L side, Step RF next to LF, Step LF to L side  
5 &      Point toes of RF fwd and make a ¼ L turn (F09:00)  
6 &      Point toes of RF fwd and make a ¼ L turn (F06:00)  
7 &      Point toes of RF fwd and make a ¼ L turn (F03:00)  
8 &      Point toes of RF fwd and make a ¼ L turn (F12:00)

## Section 3: CROSS-SAMBA X 2 (R/L), FWD SHUFFLE X 2 (R/L)

1 & 2      Cross RF over LF, Rock ball of LF to L side, Recover weight onto RF  
3 & 4      Cross LF over RF, Rock ball of RF to R side, Recover weight onto LF  
5 & 6      Step fwd on RF, Step LF next to RF, Step fwd on RF  
7 & 8      Step fwd on LF, Step RF next to LF, Step fwd on LF

**Optional during C5-8 if you dance contra: High five the people you pass with a big smile :-)**

## Section 4: R CROSS, ½ R TURN (¼, ¼), TOUCH, FULL L SHUFFLE TURN

1 - 2      Cross RF over LF, ¼ R turn stepping back onto LF (F03:00)  
3 - 4      ¼ R turn stepping fwd on RF, Touch LF next to RF (F06:00)  
5&      ¼ L turn stepping fwd on LF, Step RF next to LF (F09:00)  
6&      ¼ L turn stepping fwd on LF, Step RF next to LF (F12:00)  
7&      ¼ L turn stepping fwd on LF, Step RF next to LF (F03:00)  
8      ¼ L turn stepping fwd on LF (F06:00)

**Start again and enjoy! Happy Dancing!**

**Contact:** If anything is unclear or if you would like additional information, please contact us:

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