

# Prometeme Samba (Promise Me)

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: EWS Winson (MY) & Philip Yong (SG) - October 2019  
音乐: Prometeme (feat. Oniel Anubis) - MDPC



Intro: 16 counts in (approx. 0.12 sec)

## #1 (1-8) L Forward, ½ (L) with R Back, L-R Back, ½ (L) with L Forward, R Forward, L Mambo ½ (L) , R-L Forward Walk

1a2                      Weight on RF: Step LF forward (1), turn ½ L stepping RF back (a), step LF back (2) 6.00  
3a4                      Step RF back (3), turn ½ L stepping LF forward (a), step RF forward (4) 12.00  
5a6                      Rock LF forward (5), recover weight on RF (a), turn ½ L stepping LF forward (6) 6.00  
7-8                      Step RF forward (7), step LF forward (8) 6.00

## #2 (9-16) R-L Cucaracha Steps, R Full Volta (R)

1-2a                      Step RF to R side (1), close LF beside RF (2), step RF in place (a) 6.00  
3-4a                      Step LF to L side (3), close RF beside LF (4), step LF in place (a) 6.00  
5a6a7a8                      Turn ¼ R stepping RF forward (5), lock LF behind RF (a), turn ¼ R stepping RF forward (6),  
lock LF behind RF (a), turn ¼ R stepping RF forward (7), lock LF behind RF (a), turn ¼ R  
stepping RF forward (8) 6.00

Restart here on Wall 3 and Wall 6, facing 12.00 o'clock.

## #3 (17-24) L Cross Samba, R Rocking Chair, R Cross Samba, L Rocking Chair

1a2                      Cross LF over RF (1), rock RF to R side (a), recover weight on LF slightly turning to L  
diagonal (2) 4.30  
3a4a                      Facing L diagonal: Rock RF forward (3), recover weight on LF (a), rock RF back (4), recover  
weight on LF (a) 4.30  
5a6                      Cross RF over LF (5), rock LF to L side (a), recover weight on RF slightly turning to R  
diagonal (6) 7.30  
7a8a                      Facing R diagonal: Rock LF forward (7), recover weight on RF (a), rock LF back (8), recover  
weight on RF (a) 7.30

## #4 (25-32) L-R Semi Diamond ¼ (L), L Kick Ball Point, R Close, L Pivot ½ (R)

1a2                      Cross LF over RF (1), turn 1/8 L stepping RF to R side (a), step LF back (2) 4.30  
3a4                      Cross RF behind LF (3), turn 1/8 L stepping LF to L side (a), step RF forward (4) 3.00  
5a6a                      Kick LF forward (5), step LF in place (a), point R toes to R side (6), close RF beside LF (a)  
3.00  
7-8                      Step LF forward (7), turn ½ R over R shoulder (8) 9.00

Email: [winsonews@gmail.com](mailto:winsonews@gmail.com) - Tel: +(60)17-2790733

Website: <https://sites.google.com/view/dancejournal>