All I Wanna Say

拍数: 32

级数: Improver

编舞者: Dee Musk (UK) - October 2019

音乐: They Don't Care About Us - Michael Jackson : (Album: This Is It.)

#32 Count Intro. Approx 44 secs - Start on Main Vocals. Track approx 4 mins 45 secs.

Track available from iTunes.co.uk

Step, Twist, Twist, Right Coaster Step, Step, Twist, Twist, Left Coaster Step.

- 1&2 Step forward on R, twist both heels R, twist both heels to centre (weight on L).
- 3&4 Step back on R, step L beside R, step forward on R.
- 5&6 Step forward on L, twist both heels L, twist both heels to centre (weight on R).
- 7&8 Step back on L, step R beside L, step forward on L.(12 o'clock).

Step, Knee Pop, Run Back Right, Left, Touch Right Toe Back, ¼ Turn Right, Cross, Hinge ½ Turn Left, Point Right.

- 1&2 Step forward on R, pop both knees forward, recover placing weight on L.
- 3&4 Run back R, L, touch R toe back.
- 5,6 Make 1/4 turn R, cross L over R.
- Make 1/4 turn L stepping back on R, make 1/4 turn L stepping L to L side, point R to side. (9 7&8 o'clock).

1/4 Turn Right, ½ Turn Right, Sailor ¼ Turn Right with Cross. Left Side, Touch, Out, In, Side, Right Touch, Out, In.

- 1,2 Make 1/4 turn R stepping forward on R, make 1/2 turn R stepping back on L.
- 3&4 Make ¹/₄ turn R stepping R behind L, step L to L side, cross R over L.
- 5&6& Step L to L side, touch R beside L, touch R out, touch R in.
- 7&8& Step R to R side, touch L beside R, touch L out, touch L in. (9 o'clock).

1/4 Turn Right, Touch, 1/4 Turn Right, Touch, Chasse Left. Back, Rock, Side, Left Coaster Step.

- 1& Make ¹/₄ turn R stepping back on L, touch R beside L.
- 2& Make 1/4 turn R stepping forward on R, touch L beside R.
- 3&4 Step L to L side, step R beside L, step L to L side.
- Cross rock R behind L, recover weight to L, step R to R side. 5&6
- 7&8 Step back on L, step R beside L, step forward on L. (3 o'clock).

Have fun and Make It yours

Contact: deedeemusk@gmail.com Dee - 07814 295470.



墙数:4