

# Cowboy Up Stomp

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: DEE DEE Dougherty (USA) - October 2019  
音乐: Cowboy Up - Jill Johnson : (Album: The Woman I've Become)



(Intro: 16 counts)

## WALK FORWARD 3 RLR, HEEL HEEL, WALK BACK 3 LRL, HEEL HEEL

1,2,3 & 4            Walk Forward 3 RLR, Tap/Stomp L Heel 2x  
5,6,7 & 8            Walk Back 3 LRL, Tap/Stomp R Heel 2x

## HIP BUMP BK, R 2x / HIP BUMP FWD L 2x, SGL HIP BUMPS w/TURN

1,2,3,4            Step Back R, Hip Bump Back R 2x, Step Forward L, Hip Bump Fwd L 2x  
5,6,7,8            Single Hip Bump R/Back, L/Forward, R/Back, Step.Turn 1/4 L

## VINE R & TOUCH / VINE L & TOUCH

1,2,3,4            Step R to R, Cross/Step L Behind R, Step R, Touch L  
5,6,7,8            Step L to L, Cross/Step R Behind L, Step L, Touch R

## BACK UP 4, RLRL, JUMP OUT, OUT, CLAP, IN, IN, CLAP

1,2,3,4            Back Up R, L, R, L  
& 5, 6            Jump Forward R - Out, L - Out, Clap  
& 7, 8            Jump Back & Together R - In, L - In, Clap

**REPEAT — HAVE FUN!!!**

\* Step sheet compliments of Dance with Dee Dee.\*

#3922 Tyler St. NE, Mpls. MN 55421 ph. # (763) 788-5576  
DEEDEE@DANCEWITHDEEDEE.COM