

Boerepompie EZ

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Heidi Cronjé (SA) - July 2019
音乐: Boerepompie (feat. Snotkop) - Ricus Nel



Music available on Spotify

Intro: 21 seconds; start on the word "buite"; ("Hey Riekie, daar's lekker dinge daar buite")

SECTION 1: HEELS OUT, TOES OUT, HEELS OUT, TOES OUT, TOES IN, HEELS IN, TOES IN, HEELS IN

1-4 Swivel both heels out, Swivel both toes out, Swivel both heels out, Swivel both toes out
5-8 Swivel both toes in, Swivel both heels in, Swivel both toes in, Swivel both heels in

SECTION 2: R TOE FAN, L TOE FAN, TWIST, CENTRE, R STOMP, L STOMP (FEET APART)

1-2 Swivel R toe out, Swivel R toe in
3-4 Swivel L toe out, Swivel L toe in
5-6 Twist heels to R, Twist heels centre
7-8 Stomp R side, Stomp L side (feet must be apart)

SECTION 3: HEELS IN, TOES IN, HEELS IN, TOES IN, TOES OUT, HEELS OUT, TOES OUT, HEELS OUT

1-4 Swivel both heels in, Swivel both toes in, Swivel both heels in, Swivel both toes in
5-8 Swivel both toes out, Swivel both heels out, Swivel both toes out, Swivel both heels out

SECTION 4: STEP, ½ PIVOT, STEP, SCUFF, R JAZZ BOX, STOMP

1-4 Step L fwd, Turn ½ pivot over R shoulder (weight on R), Step L fwd, Scuff R
5-8 Cross R over L, Step L back, Step R side, Stomp L next to R

* Restart here during wall 6

1-4 *For 1 wall dance (replace counts 1 -4 with:

Step L fwd, Rock R back, Recover L, Scuff R

SECTION 5: FWD MAMBO, BACK MAMBO, R MAMBO, L MAMBO

1&2 Rock R fwd, Recover L, Step R together
3&4 Rock L back, Recover R, Step L together

* Restart here during wall 5

5&6 Rock R side, Recover L, Step R in place

7&8 Rock L side, Recover R, Step L in place

* Restart here during walls 2 & 4

SECTION 6: ROCKING CHAIR, V-STEP, STOMP

1-4 Rock R fwd, Recover L, Rock R back, Recover L

5-8 Step R fwd R diagonal, Step L fwd L diagonal, Step R back L diagonal, Stomp L together

Start Again. Have fun and Enjoy!

Tag 1: At the end of walls 1 and 3 add 4 count tag

1-4 (V-step): Step R fwd R diagonal, Step L fwd L diagonal, Step R back L diagonal, Stomp L together

Restarts: -

During walls 2 and 4 restart after the end of section 5

During wall 5 restart after section 5, count 4

During wall 6 restart after the end of section 4

**Ending: During last wall, after section 6, facing 06:00, 8C to end of music.
Step R fwd, Turn 1/2 L (weight on L), Rock R fwd, Recover L, Rock R back, Recover L, Step R side, Point L**

Dance Sequence:

48 C, Tag, 40C, 48C, Tag, 40C, 36C, 32C, 48C, 8C Ending

Note: For Contra Dancing

In rows of two - Front row face 12:00 and back row face 06:00

Ending: Row facing 12:00 at end of dance

Step R fwd, Step L fwd, Rock R fwd, Recover L, Rock R back, Recover L, Step R side, Point L

Row facing 06:00; do Ending as mentioned above

The dance is specially choreographed for Caroline Nel whom loves this music

Thank you to Minine Kleinhans for the shooting and editing of the demo video, Elzette Nelson for assisting Minine with the shooting of the video and photos and the dancers in the demo video. Front row Ilze Venter, Jeanine Joubert, Riekie Coetzer, Heather Goodall and back row Barbara Erasmus, Caroline Nel, Annaleen Burden and Esme Beech.

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