

Hillbilly Shake

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Jamie Marshall (USA) - September 2019
音乐: Hillbilly Shake - Ac Thomas



#64 Ct. Intro

Sequence: AAA B AAA B AAA BB

SECTION A: 32 counts

ROCK, RECOVER, BACK TRIPLE, STEP, SLIDE, ¼ STEP, SLIDE

1,2 Rock R forward (1), Recover onto L (2)
3&4 Step R back (3), Step L next to R (&), Step R back (4)
5,6 Long step L to L (5), Slide R to L, touch (6)
7,8 Turn ¼ L, long step R to R (7), Slide L to R, touch (8) (9:00)

3 STEP TURN, TOUCH, POINT R, L, R, DOUBLE CLAP

1,2,3,4 Turn ¼ L, stepping L forward (1), Turn ½ L, stepping R back (2), Turn ¼ L, stepping L to L (3), Touch R next to L (4)
5&6& Point R to R (5), Step R next to L (&), Point L to L (6), Step L next to R (&)
7&8& Point R to R (7), Clap twice (&8) (9:00)

R HEEL GRIND, L HEEL GRIND, ROCK RECOVER, LONG STEP BACK, CLOSE

1,2& Press R heel forward, toes turned to L (1), Turn toes to R (2), Step R next to L (&)
3,4& Press L heel forward, toes turned to R (3), Turn toes to L (4), Step L next to R (&)
5,6 Rock R forward (5), Recover onto L (6)
7,8 Long step back on R (7), Close L next to R (8) (9:00)

¼ L PIVOT (2X), JAZZ BOX

1,2 Step R forward (1), Pivot ¼ L, stepping L in place, rolling hips counter-clockwise (2) (6:00)
3,4 Step R forward (3), Pivot ¼ L, stepping L in place, rolling hips counter-clockwise (4) (3:00)
5,6 Cross R over L (5), Step L back (6)
7,8 Step R to R (7), Step L forward (8) (3:00)

SECTION B: (CHORUS) 8 COUNTS (4X)

KICK, STEP, KICK, STEP, KICK, HOOK, KICK, STEP, KICK, STEP, TWISTS (2X)

1&2& Kick R forward (1), Step R next to L (7), Kick L forward (2), Step L next to R (&),
3&4& Kick R forward (3), Hook R over L (&), Kick R forward (4), Step R next to L (&)
5&6 Kick L forward (5), Step L next to R (&), Touch R forward (6)
&7&8 Swivel heels R,L,R, keeping ¼ turn L (weight ends on L)

Repeat 3 more times

E-mail: thejamiemarshall@att.net