

No Lo Trates, No

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Dongsook Kim (KOR) - September 2019
音乐: No Lo Trates - Pitbull, Daddy Yankee & Natti Natasha



Intro : 32 Counts

#3 Restarts! - After 16 count on Wall 2(9:00), 5(3:00), 8(9:00)

Sec 1: 1/8 L Side, Together, Side Chasse, Side , Together, Side Chasse

1-2 Turn 1/8 L and Step RF to R side(1), Step LF next to RF(2)10.30
3&4 Step RF to R side(3), Step LF next to RF(&), Step RF to R side(4)
5-6 Step LF to L side(5), Step RF next to LF(6)
7-8 Step LF to L side(7), Step RF next to LF(&), Step LF to L side(8)10.30

Sec 2: Weight on RF - LF, RF-LF-RF, LF - RF, LF-RF-LF

1-2 Weight on RF(1), LF(2)
3&4 Weight on RF(3), LF(&), RF(4)
5-6 Weight on LF(5), RF(6)
7&8 Weight on LF(7), RF(&), LF(8)10.30

* Restart: during Wall 2, 5 & 8

Sec 3: Heel Cross, Toe Side, 1/8 R Cross Samba, Heel Cross, Toe Side, 1/4 L Sailor

1-2 Touch cross RF heel over LF(1), Point RF toe side to R(2)
3-4 Cross RF over LF(3), 1/8 Turn R and Rock LF to L side(&), Recover on RF (4)12.00
5-6 Touch cross LF heel over RF(5), Point LF toe side to L(6)
7-8 1/8 Turn L and Cross LF behind RF(7), 1/8 Turn L and step RF next to LF(&), Step LF forward on RF(8)09.00

Sec 4: Fwd Shuffle R - L, Back x4

1&2 Step RF forward on LF(1), Step LF next to RF(&), Step RF forward on LF(2)
3&4 Step LF forward on RF(3), Step RF next to LF(&), Step LF forward on RF(4)
5-8 Step backward RF(5) - LF(6) - RF(7) - LF(8) with Shoulder shimmy.09.00

Start dancing again! Enjoy your dance~!!

Contact : awesomeline9@gmail.com