

Loca

拍数: 32 墙数: 4 级数: Beginner
编舞者: DuWayne Flora (USA) - September 2019
音乐: Loca - Shakira



Cross step hitch R behind side cross Step hitch to Left and lockstep with ¼ turn

1,2 3&4 Step L over R on diagonal and hitch with R, step R behind L, L to the side, cross R over L
5,6 7&8 Step L diagonal, hitch with R, step back turning ¼ on R bring L to R and step back again on R

Cross step and point L and R, ¼ turn coaster step, scuff and stomp R

1,2,3,4 Cross L over R and point R to side, cross R over L and point to L
5&6,7,8 Coaster step turning ¼ to L, Scuff R and Stomp R

Hip thrust R and L, 2 body rolls

1,2,3,4 Step R bump 2X, step L bump 2X
5,6,7,8 2 body rolls

Charleston, behind side cross, ¾ turn in 2 steps

1,2,3,4 Step back on R, step back on L to point, step forward on L, kick with R
5&6,7,8 R behind L, L to side, and cross R over L, ¾ turn in 2 steps starting with L
