

# Simply Soul Shake

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Absolute Beginner  
编舞者: Geoff Styles (UK) - September 2019  
音乐: Soul Shake - Tommy Castro



**Intro: 80 counts (30 seconds), start on lyrics**

**S1: Diagonally R, together, R, touch & clap, Diagonally L, together, L, touch & clap**

1-2            Step diagonally forward right, step left next to right  
3-4            Step diagonally forward right, touch left next to right & clap  
5-6            Step diagonally forward left, step right next to left  
7-8            Step diagonally forward left, touch right next to left & clap

**Option: Do this section with Motown arm movements**

**S2: Step Back Touch & Clap x 4**

9-10           Step back on R foot, touch L foot next to R & clap  
11-12          Step back on L foot, touch R next to L foot & clap  
13-14          Step back on R foot, touch L next to R foot & clap  
15-16          Step back on L foot, touch R next to L foot & clap

**S3: Point side R, hitch L, step side R, touch L, point side L, hitch L, step ¼ L brush R**

17-18          Point R toe to R side, hitch R knee next to L  
19-20          Step R foot to R side, touch L foot next to R  
21-22          Point L toe to L side, hitch L knee next to R  
23-24          Step L foot ¼ L, brush R foot past L (9 o'clock)

**S4: R rocking chair, step forward R, pivot 1/8 turn L, step forward R, pivot 1/8 turn L**

25-26          Rock forward on R foot, recover weight on L  
27-28          Rock back on R foot, recover weight on L  
29-32          Step forward on R foot, pivot 1/8 turn L  
31-32          Step forward on R foot, pivot 1/8 turn L (6 o'clock)

**REPEAT Have fun**

**Last Update - 7 Oct. 2019**