

# Fourteen Gears

**COPPER** **KNOB**  
BY STEPHEN METELNICK

拍数: 64                      墙数: 2                      级数: Low Intermediate  
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - September 2019  
音乐: Fourteen Gears - Midland



Start after 32 count intro – approx. 13secs – 3mins 32secs – 144bpm

Music Available: Amazon

## [1-8] R side rock/recover, L weave with ½ L

- 1-4                      Rock R side, recover weight on L, cross step R over L, step L to side  
5-8                      Cross step R behind L, turning ¼ left step L forward, turning ¼ left step R side, cross step L behind R (6 o'clock)

## [9-16] R side, L cross rock/recover, ¼ L, L fwd, walk fwd R/L/R, hold

- 1-4                      Step R side, cross rock L over R, recover weight on R, turning ¼ left step L forward (3 o'clock)

- 5-8                      Step R forward, step L forward, step R forward, hold

**OPTION: On counts 5-7 execute a full L turn over 3 steps & hold on count 8**

**RESTART WALL 3: 1 – 15 as above**

- 16 –                      step L forward

**To start dance again facing front turn ¼ left as you rock R to right side**

## [17-24] Rumba box fwd on L, hold, rumba box back on R, hold

- 1-4                      Step L side, step R together, step L forward, hold  
5-8                      Step R side, step L together, step R back, hold

## [25-32] ¼ L, chassé L, hold, R cross rock/recover, R to R side, hold

- 1-4                      Turning ¼ left step L side, step R together, step L side, hold (12 o'clock)  
5-8                      Cross rock R over L, recover weight on L, step R side, hold

## [33-40] L cross rock/recover, L to L side, hold, R fwd, ½ L pivot turn, diagonal R fwd step/lock

- 1-4                      Cross rock L over R, recover weight on R, step L side, hold

**RESTART: DURING WALL 6 dance first 36 counts and restart facing front wall**

- 5-8                      Step R forward, pivot ½ left, step R forward on right diagonal, lock L behind R (7 o'clock)

## [41-48] R fwd to R diagonal, L fwd lock step to L diagonal, R fwd, touch L behind R, L back, kick R fwd

- 1-4                      Step R forward on right diagonal, step L forward on left diagonal, lock R behind L, step L forward (5 o'clock)

- 5-8                      Squaring up to your 6 o'clock wall step R forward, touch L behind R, step L back, kick R forward

## [49-56] Step R back, touch L toe to R toe, L fwd, touch R toe behind L, R/L back struts

- 1-4                      Step R back, touch L to R toe, step L forward, touch R behind L

- 5-8                      Touch R toes back, step R heel down, step L toes back, step L heel down

## [57-64] R coaster cross, hold, L side rock/recover/cross step, hold

- 1-4                      Step R back, step L together, cross step R over L, hold

- 5-8                      Rock L side, recover weight on R, cross step L over R, hold

**NB: If you so desire on the hold steps you can brush through.**

**The music slows at the end just keep on dancing to tempo!**

Tel: 01462 735778 Email: [info@thedancefactoryuk.co.uk](mailto:info@thedancefactoryuk.co.uk) Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)

Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P

