

# Back Door Slam

拍数: 64      墙数: 4      级数: Beginner  
编舞者: Rex Allott (UK) - September 2019  
音乐: Who's Been Sleeping in My Bed - Glenn Frey



## S1. R. Toe Fans R L, L. Toe Fans L, R

1-4      Step R forward, fan R toe R, L, Return  
5-8      Step L forward, fan L toe L, R, Return

## S2. R. Cross Shuffle, Step R, Return, L Cross Shuffle, Step L, Return

1&2.      Cross L over R, Step R behind L, Step L to L  
3-4      Step R to R, Recover on L  
5&6.      Cross R over L, Step L behind R, Step R to R  
7-8      Step L to L, Step R back

## S3. L. Step Double Kick, R Behind Side Step

1-4      Kick L Foot Forward, Return, Repeat  
5-8      Step R behind L, Step L to L, Recover on L, Pause

## S4. R. Step Double Kick, L Behind Side Step With 1/4 Turn L

1-4      Kick R Foot Forward, Return, Repeat  
5-8      Step R Behind L, Step L Next to R with 1/4 Turn L, Step R Forward, Step L Next to R

## S5. R. Toe Fans R L, L. Toe Fans L R

1-4      Step R Forward, Fan R Toe R, L, Return  
5-8      Step L Forward, Fan L Toe L, R, Return

## S6. Sailor Step R, L, Step 1/2 Turn R x 2

1&2      Step R Behind L, Step L Forward, Step R to R  
3&4      Step L Behind R, Step R Forward, Step L to L  
5-6      Step Back on R with 1/2 Turn R, Step L Next to R  
7-8      Step Back on R with 1/2 Turn R, Step L Next to R

## S7. K Steps

1-2      Step R diagonally Forward R, Step L Next to R  
3-4      Step L diagonally Back L, Step R Next to L  
5-6      Step R diagonally Back R, Step L Next to R  
7-8      Step L diagonally Forward L, Step R Next to L

## S8. Shuffle 1/4 L x 4

1&2      Shuffle R,L,R with 1/4 Turn L  
3&4      Shuffle L,R,L with 1/4 Turn L  
5&6      Shuffle R,L,R with 1/4 Turn L  
7&8      Shuffle L,R,L with 1/4 Turn L