

The Rails

拍数: 64 墙数: 4 级数: Intermediate 2S
编舞者: Magali CHABRET (FR) - September 2019
音乐: I Don't Wanna Ride the Rails No More - Vince Gill : (CD: Okie)



#64 count intro

S1 : TURNING VINE ¼ R, HOLD, PIVOT ½ R, STEP SIDE, HOLD

1-4 Step Rf to side – step Lf behind Rf – turn 1/4 right stepping Rf forward – hold (3.00)
5-8 Step Lf forward – pivot 1/2 turn right (weight on Rf) – step Lf to side – hold (9.00)

S2 : CROSS, ¼ L, SIDE, HOLD, SLOW COASTER STEP, HOLD

1-4 Step ball of Rf behind Lf – turn 1/4 left stepping Lf forward – step Rf to side – hold (6.00)
5-8 Step ball of Lf back – step ball of Rf next to Lf – step Lf forward – hold

S3 : CHASE TURN L, HOLD, FULL TURN R

1-4 Step Rf forward – turn 1/2 left stepping Lf next to Rf – step Rf forward – hold (12.00)
5-8 Turn 1/2 right stepping Lf back – hold – turn 1/2 right stepping Rf forward – hold (12.00)

S4 : DIAG L LOCK STEP, BRUSH, STEP DIAG R, TOUCH, BACK DIAG, HOLD

1-2-3 Step Lf diagonally left forward – lock Rf behind Lf – step Lf diagonally left forward
4 Brush Rf diagonally right forward
5-8 Step Rf diagonally right forward – touch Lf beside Rf – step Lf diagonally left back – hold

S5 : R JAZZ BOX, HOLD, WEAVE R, HOLD

1-4 Cross Rf over Lf – step Lf back – step Rf to right side – hold
5-8 Cross Lf over Rf – step Rf to right side – step Lf behind Rf – hold

S6 : SIDE ROCK, SYNCOPATED WEAVE L WITH ¼ L, STOMP R

1-2 Rock Rf to right side – recover onto Lf
3-4-5-6 Cross Rf over Lf – step Lf to side – step Rf behind Lf – turn 1/4 left stepping Lf forward
7-8 Stomp Rf next to Lf (weight on Rf) – hold

S7 : STEP, TOUCH, BACK, KICK, L LOCK STEP BACK, HOLD

1-2 Step Lf forward – touch Rf behind Lf
3-4 Step Rf back – kick Lf forward
5-8 Step Lf back – lock Rf over Lf – step Lf back – hold

S 8 : SLOW COASTER STEP, HOLD, CHASE TURN R, HOLD

1-4 Step ball of Rf back – step ball of Lf beside Rf – step Rf forward – hold
5-8 Step Lf forward – pivot 1/2 turn right – step Lf forward – hold (3.00)

No Tag, No Restart!

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.