

Boom Goes My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Stephen Pistoia (USA) - September 2019
音乐: Boom Boom Goes My Heart - Alex Swings Oscar Sings! : (iTunes)



Intro:32ct intro - No Tags or Restarts

(1-8) CROSS SIDE RT SAILOR STEP, CROSS SIDE ¼ TURN LT SAILOR STEP

1-2-3&4 cross RF over LF – step LF out to LT – swing RF behind LF – step LF next to RF – step RF out to RT.
5-6-7&8 cross LF over RF – step RF out to RT – swing LF behind RF – step RF out to RT making a ¼ turn LT – step LF next to RF. (9:00)

(9-16) RT TOEPOINT CROSS, LT TOEPOINT CROSS, RT TOEPOINT BACK ,LT TOE POINT BACK

1-2-3-4 point RF out to RT – cross RF over LF moving slightly forward – point LF out LT – cross LF over RF moving slightly forward
5-6-7-8 point RF out to RT – step RF behind LF – point LF out to LT – step LF back. (9:00)

(17-24) ¼ TURN RT MONTEREY X 2

1-2-3-4 point RT toe to RT side – turn ¼ RT stepping RF next to LF – point LT toe to LT side – step LF next to RF(weight on LF)
5-6-7-8 repeat 1,2,3,4 (3:00)

(25-32) JAZZBOX HEEL SWIVEL KICKBALL CHANGE

1-2-3-4 cross RF over LF – step LF back LT – step RF to RT side – step LF next to RF
5-6-7&8 swivel heels out to RT - swivel heels back (weight on LF) – kick RF forward – step RF next to LF – step LF next to RF. (3:00)

Dance rotates clockwise

Any questions contact me @ pistoias@gmail.com have fun enjoy!!!!

Last Update - 26 Sept. 2019
