Aberdeen



编舞者: Silvia Schill (DE) - September 2019

音乐: Aberdeen - Avi Kaplan



The dance begins with the vocals

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C:4-	Close.	Ctoo	D . I
310E	1.1090	SIED	R + 1

1-2	Step RF to right - LF beside RF
3-4	Step forward with RF - hold
5-6	Step LF to left - RF beside LF
7-8	Step forward with LF - hold

Step, Pivot ½ L, ½ Turn L, Hold, Back, Hook, Step, Brush

1-2 Step forward with RF - ½ turn left around on both bales, weight at end on LF (6 o'clock)

3-4 ½ turn left around and step back with RF - hold (12 o'clock)

Tag/Restart: In the 4th and 8th round - direction 3 o'clock / 6 o'clock - stop here, dance the tag and then start all over again.

5-6 Step back with LF, RF in front of left tibia and cross

7-8 Step forward with RF - LF swing forward

Step, Lock, Step, Hold, Step, Pivot 1/2 L, Step, Hold

1-2 Step forward with LF - cross RF behind LF

3-4 Step forward with LF - hold

5-6 Step forward with RF - ½ turn left around on both bales, weight at end on LF (6 o'clock)

7-8 Step forward with RF - hold

1/2 Turn R, 1/2 Turn R, Step, Hold, Heel Strut Forward R + L

1-2 ½ turn right around and step back with LF - ½ turn right around and step forward with RF

3-4 Step forward with LF - hold

5-6 Step forward with RF, only put on the heel - lower the right toe 7-8 Step forward with LF, only put on the heel - lower the left toe

Step, Pivot ¼ L, Cross, Hold, Side, Behind, Side, Cross

1-2 Step forward with RF - ¼ turn left around on both bales, weight at end LF (3 o'clock)

3-4 Cross RF over LF - hold

5-6 Step LF to left - cross RF behind LF7-8 Step LF to left - cross RF over LF

Side, Drag, Rock Back, Heel, Touch, Kick 2x

1-2 Big step with LF to left, pull RF to the LF3-4 Step back with RF- weight back on the LF

5-6 Touch right heel diagonally right in front - touch RF beside LF

7-8 RF 2x kick diagonally right in front

Back. Close, Step, Hold, Step, Pivot 1/2 R, Step, Hold

1-2 Step back with RF - LF beside RF

3-4 Step forward with RF- hold

5-6 Step forward with LF - ½ turn right around on both bales, weight at end on RF (9 o'clock)

7-8 Step forward with LF - hold

Repeat to end

Tag: Back, Close, Step, Hold

1-2 Step back with LF - RF beside LF

3-4 Step forward with LF – hold

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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