

Those Were Our Young Years

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Carl Sullivan (AUS) - September 2019
音乐: Young Years - Dragon : (Album: Bondi Roads)



Start on Vocals - Each Sequence Turns 1/2

- 1&2-3-4 R Sailor Step (R, L R), Step L behind R, Step R to R
5&6-7-8 L Cross Shuffle (L, R, L) to R side, Rock R to R, Pivot ¼ L onto L
- 1&2-3-4 Fwd Turning ½ Shuffle L (R, L, R) Rock L back, Replace on R
5&6-7&8 Kick L fwd, Ball-change L-R, Shuffle fwd L-R-L
- 1&2-3&4 Kick R fwd, Ball-change R-L, Shuffle fwd R-L-R
5-6-7-8 Rock L across R, Replace on R, Rock L to L side, Replace on R
- 1-2-3&4 Rock L across R, Replace on R, Step L to L, Step R beside L, ¼ L Step L fwd
5-6-7-8 Step R fwd, Pivot ¾ L, Big Step R with R, Drag L towards R..... Restart on W 6
- 1-2-3-4 Step L behind R, ¼ R Step R fwd, Step L fwd, Pivot ½ R onto R
5-6-7-8 Step L fwd, ½ L Step R back, ½ L Step L fwd, ¼ L Step R to R
- 1-2 Rock L back behind R, Replace on R
3&4 Touch L heel fwd, Step L back, Small Step fwd on R (Heel ball-step)
5-6-7 Squaring up to 3.00 Wall Step L to L, Rock R back behind L, Replace on L
8&1 Touch R heel fwd, Step R back, Small Step fwd on L

Note: The Heel ball-steps are done on the diagonals.....Restarts on 2 & 5

- 2-3-4 Facing 3.00 Step R to R,, Step L behind R, ¼ R Step R fwd
5-6 Rock L fwd, Replace on R
& 7-8 ½ turn L, Step L fwd, Step R to R
- 1-2 Rock L back behind R, Replace on R
3&4 Step L to L, Step R beside L, ¼ L Step L fwd
5-6 Step R fwd, Pivot ½ L onto L
7-8 Point/Touch L toe to L side, Hold

[64]

Note: Restarts: On Walls 2 & 5 dance the first 47 counts then Point R to R side. Then Restart

Short Wall: After Wall 3 Dance the first 14 counts then Step L fwd, and on count 16 Point R to R. Then Restart

Short Wall: Wall 6 is only 32 counts so dance 31 counts then Step L beside R.

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